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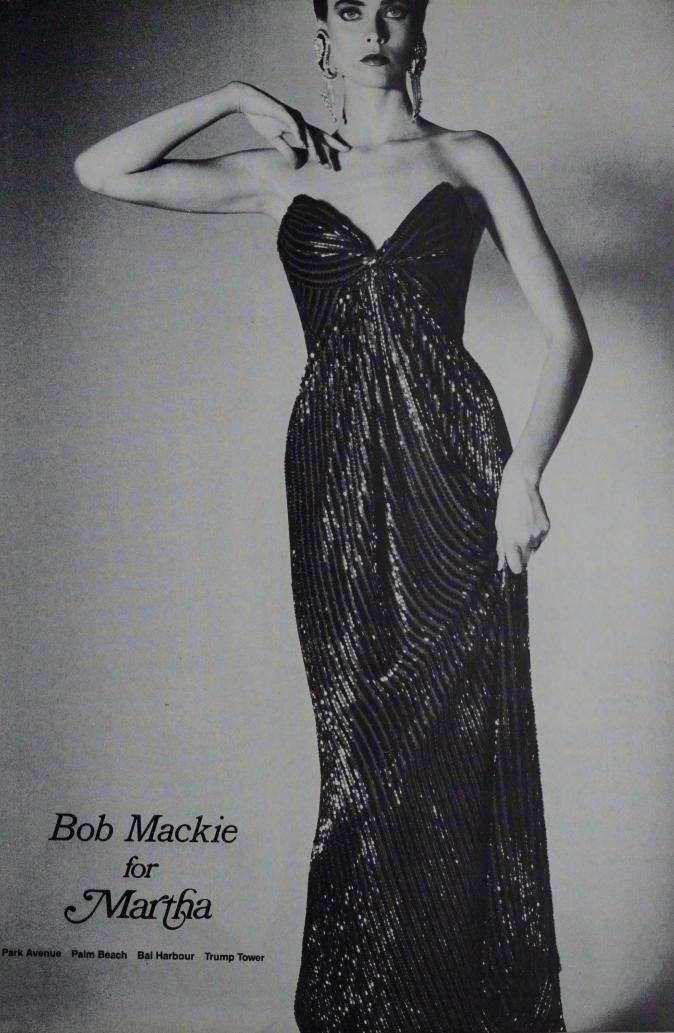
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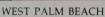


SEPTEMBER-

VOLUME 78, NO. 9

1985







NIPON FOR FALL



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ADULT LIFE-CARE

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ON OUR COVER: At Northbridge Centre— an Intracoastal Associates development designed by Schwabb & Twitty, with landscape architecture and site planning by Urban Design Studio — Ashley Prouty of Ballet Florida expresses the exuberant spirit of rapidly growing West Palm Beach. Ms. Prouty's Unitard, courtesy of Spotlight Capezio of West Palm Beach. Hair by Dino Laudati and makeup by Peggy Moffat, both of Domani of Palm Beach. Cover photo by Stephen Leek.



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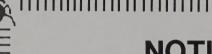


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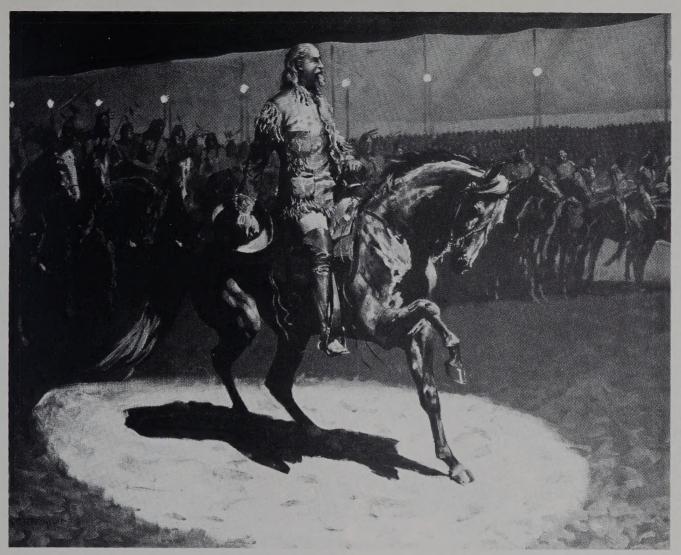
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the great cookbook entertainer

buffalo bill historical center cody-wyoming

Ideas for entertaining, ranging from campfire simplicity to party elegance, are presented in a new cookbook, "The Great Entertainer."

The culmination of two years of work and thousands of volunteer hours, the cookbook is the project of patrons and friends of the Buffalo Bill Historical Center in Cody, Wyoming. The book's title was chosen to reflect showman Buffalo Bill's enthusiasm for performing and the love of good friends and good food that persists in the Wyoming town that bears his name. The over 500 recipes were selected from 1,200 submitted by patrons from nearly every state and abroad. Each was tested twice, and Cody waistlines bulged a bit last winter as testing captains enlisted the help of hundreds of tasters. A four-woman editing team came next, making sure recipes are easily understood and correctly written.

rext, making sure recipes are easily understood and correctly written.

The book contains special chapters, highlighting some Wild West approaches to cooking. A Camp Cooking chapter presents recipes that are suited to horse-packing trips or for afternoon cook-outs. A Game chapter includes such varied fare as Braised Bear Steaks and Pheasant Crepes. Calling on experience of Wyoming dude ranchers, Cooking for a Crowd presents recipes for really large groups.

really large groups.

"The Great Entertainer" includes 14 full-color dividers, each a painting or artifact selected from the collections of the Center's four museums. It is priced at \$15.95 and is available at ISABEL'S ET CETERA.

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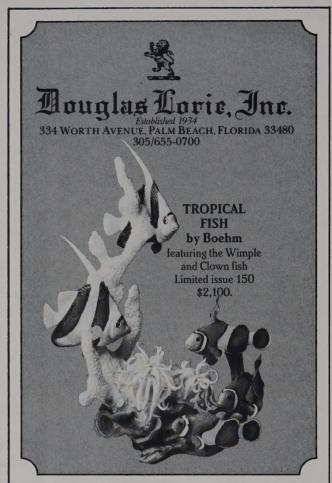


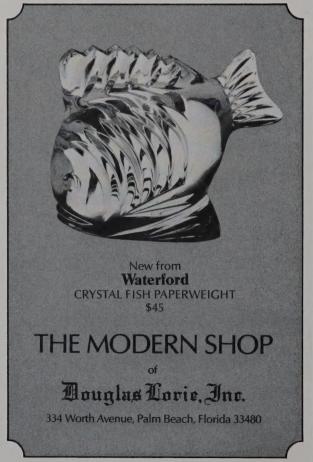
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AGNES ASH

PB DATELINE

his is the era of the specialist. Doctors, lawyers, farmers, teachers and fence painters each perform one service with astounding skill.

Americans are receiving and dispensing superior quality work and charging accordingly. However, every specialist resents paying exorbitant fees for services outside his own discipline. We all want to know why the other guy charges so much.

This has brought on an epidemic yearning for general knowledge. The world is watching television quiz shows, playing Trivial Pursuit and reading literature that explains everything from how to exchange wedding rings during a sky dive to eliminating nuclear waste in your garbage disposal.

It just happens that my specialty is generalism. Until generalism became trendy, it was a useless art except at dinner parties where I could ask key questions about crop rotation or underwater welding, and eat my dinner while my companion talked himself out. This resulted in high scores for intelligent conversation.

I have never been asked, but I have been longing to tell how I became a generalist specialist. I learned by ironing before the advent of spray starch and steam irons. A passion for organdy crisscross curtains and brothers who sent their laundry home from college taught me everything. In fact, during World War II, one brother planned to send his khakis home from the Pacific. However, before he shipped out he conducted a military crease test, which I failed.

How can ironing be an educational tool? The explanation is obvious to those who have spent hours at the board with only scorch marks to break the monotony.

Ironing time for double width crisscross curtains equals one Saturday afternoon listening to Texaco Metropolitan Opera broadcasts.

Record players also provided a course in the humanities. Everything from classical music to the Big Bands.

The polyester plague put a stop to ironing and killed off an entire generation of generalists.

The only hope for the resurrection of generalism is the trend for eating fresh fruits and vegetables. All that chopping, peeling, scraping and scrubbing can't be done watching television soap operas.

Palm Beach Life is a general interest magazine with a crossword puzzle, and columns on gardening, health and books. We plan to pack in even more information about Palm Beach County and South Florida. If you want to be a generalist, stay with us. Reading Palm Beach Life is more fun than ironing.

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ater. H2O. Two atoms of hydrogen and one of oxygen. It covers almost three-quarters of the earth's surface and comprises about two-thirds of the average individual. It is odorless, colorless and tasteless — but on a broiling day nothing tastes better.

Water is soothing, cooling, relaxing, invigorating, cleansing and rejuvenating. It flows in oceans, rivers, seas, lakes, tributaries, waterfalls, fountains, streams . . . and us.

Approximately 50 quarts a day saturate our bodily systems, roughly 40 percent of it inside the cells. Our life's blood is 83 percent water; our muscles are 75 percent water. Bones are 22 percent water; our brain is 74 percent. Even our tooth enamel is 2 percent water. We are, observes *The New York Times* reporter Jane Brody, "an internal sea."

All that water is not merely sloshing around like a full bathtub on an ocean liner, however. Rather, it's effectively circulating everywhere in a well-controlled environment. In fact, all the water molecules present in any part of the body at any given moment are elsewhere in the body seconds later. As the Time-Life Books publication *Water* points out, "there is no stagnant water in the body." It is recirculated and used over and over again in myriad forms and functions.

Every living cell in the body depends on water to carry out its essential functions. Without it, cells could not build tissue or use energy efficiently. When you are dehydrated, cellular fluids are reduced and chemical reactions in the cells are impaired. Water carries nutrients and oxygen through the blood and lymphatic systems and removes

waste products. Without it, digestion and the absorption of food — by the process known as passive diffusion — could not take place. Water prevents the soft tissues of the body from sticking together and, during pregnancy, provides a protective cushion for the fetus.

Every blink — an average of 25 times per minutes — sends tears from the lacrimal gland washing over the eye. This water protects the eyeballs by coating them with a film that washes away dust and any foreign particles. It simultaneously lubricates the eye surface to prevent



the eyelids from scratching as they close. Having performed this little wash-and-wipe chore, the tears are ducted down into the nose, where they evaporate. Unless, of course, you're sniffling over a favorite movie, when tissues or a hankie help the overwhelmed ducts.

A good crying jag notwithstanding, we manage to excrete some two-and-a-half quarts of bodily water daily. The breathing process draws off a pint or so as exhaled air carries moisture out of the lungs. The sweat glands use up another pint each day just cooling the skin's surface. In cold weather, body heat is carried by the bloodstream to the skin, where it dissipates through four methods: evaporation, radiation, convection and conduction. In hot weather, however, the difference between skin and air temperatures is lessened and only evaporation — through perspiration — effectively removes body heat.

Perspiration is 99 percent water with small quantities of salt and urea. The latter, formed in the liver and carried to the kidneys by the blood, is the chief waste product discharged from the body in urine. The higher the temperature and humidity, the more slowly sweat evaporates. To compensate, the body sweats over a larger skin surface — whereas in winter sweat gathers primarily on the face and chest.

There are approximately three million sweat glands all over the body's surface. Each consists of a long tube, coiled up in a ball at its base, from where a curlicued duct leads to the surface of the skin. The outlets of these ducts are seen — and agonized over — as pores. The number of pores varies from 400 per square inch of skin on the lower limbs and back to 2,800 per square inch on the palm of the hand — helping to make the sweaty palms phenomena more understandable.

The most water is excreted daily through urination. Even if you drank nothing you'd still produce about 10 to 17 ounces of urine per day — and nowhere does the body's water perform a more vital function than in the kidneys. It is the medium by which wastes are purged from the bloodstream. Fifteen times per hour, a total of 2,000 quarts of blood is "washed" daily. From this, two quarts of waste are removed as urine and the remain-

HEALTHLINE

Watering Down Kidney Stones ... Dr. William Kaehny, kidney specialist at the University of Colorado School of Medicine in Denver, recommends downing 16 glasses of water per day as the best and safest means of preventing the formation and growth of kidney stones. In an interview with Laurie Lucas in Prevention magazine, he cited the beauty of the water cure: "It's inexpensive and easy to swallow," he offered, but primarily water increases the amount of urine to dilute chemicals that hook together and form kidney stones. He also suggests that sufferers of urinary tract infections drink more water to wash away bacteria in the urine.

Kick The Water Bucket ... The Harvard Medical School Health Letter recommends that high school football teams abandon the water bucket for a closed water tank with a spigot and dis-



CA BARBIER

posable cups as a means of protecting players from aseptic (not caused by bacteria) meningitis. Meningitis is an inflammation of the membranes covering the brain and spinal cord. Why football players? Medical authorities single out the following possibilities: pre-season practice begins when entero viruses are abundant; there is close player contact; intense physical exertion makes players potentially more susceptible after exposure; and shared water buckets may help spread the virus.

der is reabsorbed into the blood-stream.

Should one kidney fail, the other will continue to clean the entire blood supply. The failure of both kidneys, however, is a presage of doom. As many dialysis patients know only too well, the body cannot survive more than three weeks with uncleansed blood.

Regardless of well-intentioned urgings to drink any number of glasses of water daily, most of us don't. We do, however, get more water than we think — from fluids including tea, coffee, juices, soft drinks and other beverages, but also from "solid" foods, a considerable percentage of which are water.

Jane Brody's Nutrition Book reminds us that while milk — a liquid — is 87 percent water, green beans — a solid — are 89 percent water. Foods not perceived by most of us as "fluid" still provide considerable water. Meat, for instance, is half water; bread about one-third.

Fruits and vegetables contain mostly water, some more than 80 percent. Of course, there are also particularly high-water fruits and vegetables such as kiwifruit, watermelons, strawberries, raspberries, artichokes, corn, asparagus, carrots, alfalfa sprouts (91 percent) and lettuce (95 percent).

We need about two-and-a-half to three quarts of water *daily* for our

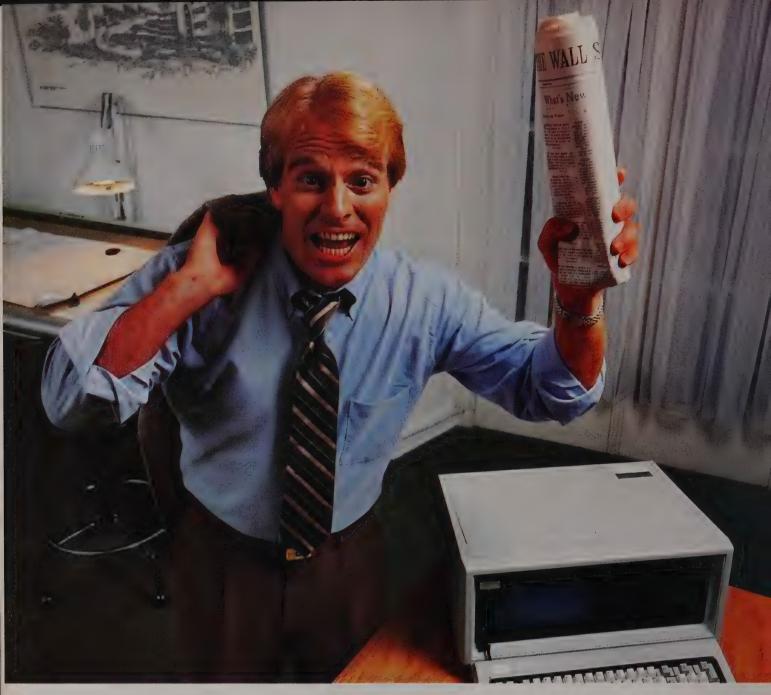
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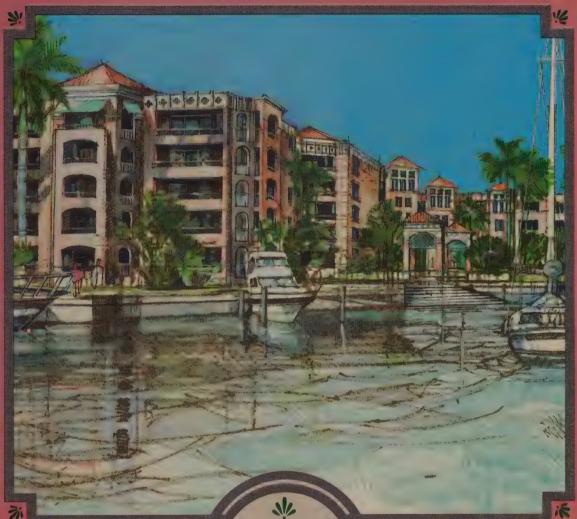
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bodies to function efficiently. For residents of hot climates, athletes, or those involved in other strenuous physical activity, that daily amount may exceed 4 quarts.

Insufficient water intake not only causes acute thirst but also potentially dangerous changes in body metabolism. The more vigorous the exercise, the less dehydration can be tolerated. Water needs are measured by weighing before and after a workout. Drink at least two cups of water for each pound lost. Dr. Gabe Mirkin and Marshall Hoffman, co-authors of *The Sportsmedicine Book*, point out that the greater the degree of dehydration, the more likely you are to develop heatstroke.

In the athlete and individual, "dehydration decreases blood volume to the point where there's not enough blood to supply both the skin and internal organs such as the brain, liver and muscles," they observe. The body must choose between supplying the internal organs or the skin. "Thus, the blood supply to the skin is shut off and your body temperature rises uncontrollably."

The symptoms of dehydration include a dry tongue, light-headedness, and parched pallid skin that stays in place when pinched. Heat cramps, felt as muscle spasms or sharp pains in the limbs or abdomen, are how muscles react to inadequate water and mineral supplies. Heat exhaustion — the onset of which can take days — includes such symptoms as weakness, headache, dizziness, loss of appetite, even nausea and vomiting. Heatstroke is characterized by three danger signals: a sudden, rapid rise in temperature; the inability to sweat; and fainting.

Older people are especially susceptible to dehydration. Dr. Susan Calvert Finn, clinical professor at the College of Medicine at Ohio State University, notes "the body weight of women under 40 years of age is approximately 50 percent water. This value decreases to approximately 45 percent for women

between 40 and 60." Men under 40 usually average around 60 percent water, but as males age, the decrease in total body water content is even more dramatic. According to Dr. Finn, "Between 25 and 70 years of age, water content in men often decreases to as little as 30 percent."

Bard Lindeman and Paula Patyk, reporting on "How To Really Quench Your Thirst" for 50 Plus magazine, add that those over 65 are at increased risk of becoming dehydrated because of "age-related physiological changes, such as impaired circulation and decreased ability to sweat." Older people also are more likely to have health problems that require medication. Diuretics, for example, which often are prescribed for high blood pressure, prevent the body from storing flu-

Every living cell in the body depends on water ... Without it, cells could not build tissue ...

ids and restrict the opening of blood vessels near the skin's surface, restraining its cooling ability.

Thirst is not a good barometer of the body's need for water. Since the mechanism that signals thirst goes into effect when about 2 percent of the body's water has been lost, fluid levels already are lower than desirable.

Beatrice DiFabio, R.D. at the hypertension center of New York Hospital's Cornell Medical Center, endorses the standard recommendation of six to eight glasses of water per day. However, she says, in the instance of illness, hot weather, pregnancy or strenuous physical activity, this amount should be increased. "In sickness, a fever of 103 degrees raises the water requirement by roughly two cups per day," she advises. Also, there's some truth to the idea of "flushing

the system" during illness, since drinking lots of water gets the urine volume up and helps the body rid itself of wastes and impurities. "Hot weather also increases your water needs," says Ms. DiFabio. "For each five degrees above 85 degrees you should drink an additional two cups of water."

All responsible medical authorities agree that the best way of maintaining an adequate fluid level is to drink cold water. Cold water leaves the stomach faster than warm, reaching the blood and countering dehydration quicker.

Alcoholic drinks dehydrate by blocking the release of an anti-diuretic hormone (ADH), the function of which is to conserve water in the kidneys. The more alcohol consumed, the greater the volume of water lost — usually in the rest-room.

Most prepared or manufactured beverages have a high sugar and/or sodium content. Contrary to popular opinion, perspiration requires that water, not salt, be replaced. Sugar slows the absorption of water into the blood, drawing it from body tissues into the digestive tract to help dilution. The high fat content in milk has a similar dehydrating effect. The caffeine found in tea, coffee and colas acts as a diuretic and also increases the heart rate — not too wise when you're trying to "cool down."

Unfortunately, space does not permit covering the hundreds of bottled waters on today's market. California, Texas and Florida lead the nation in bottled water consumption. Their bewildering array has engendered enormous confusion, along with passionate adherents and detractors. We'd need a column to do justice to both sides.

However, there is no question that drinking more water can be beneficial to one's health — and more people are, indeed, doing just that. Whether you choose to pay for a store-bought label, or get it free from your faucet, water is clearly becoming today's drink of choice. Why? Because water works.

BACK-TO-SCHOOL

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FIRST EDITIONS

rom all that I've been reading lately, the American family is a violent institution. Earlier this year there was Gloria Vanderbilt's picture of her childhood in which she was denied the one quality she wanted, an expression of maternal love and caring. Then there were the Franklin Bradshaws, the Utah millionaires whose youngest daughter plotted to kill her father over money and lured her son to pull the trigger. And now we have another truly awful family gone to seed in a spectacular fashion, whose story is grippingly told by Natalie Robins and Steven M.L. Aronson in Savage Grace (Morrow, \$17.95).

What makes this book so compelling is that this family, which appeared to have everything wealth, power, social position, genius and good looks - had, in actuality, nothing. The family started out with Leo Hendrik Baekeland, a Belgian-born immigrant eccentric scientist, and the inventor of Bakelite, a pioneer plastic that made him scads of money. Somewhat of a tyrant, the founding Baekeland, set high goals for his son, whom he named George Washington Baekeland, and was convinced that the boy never quite achieved his potential.

George's son Brooks went on to become an explorer and something of a renegade intellectual; his wife Barbara was a feckless beauty. She adored the social life at such posh resorts as Easthampton and the Costa Brava, and she took lovers of both sexes. Barbara also had a son Antony, a charming and beautiful youth who was exceedingly attached to his mother. In fact, there may well have been an emotionally, if not a physically, incestuous relationship. In any case, the



Anne Tyler's novel The Accidental Tourist is a modern romance filled with irony.

tensions between son and mother built to the breaking point, and in 1972 he killed her.

Robins and Aronson created their factual account as if it were a documentary film. Letters, interviews, diary excerpts and official documents have been woven together into a harrowing tale of decadence. Its cast of brilliant characters includes James Jones, Brendan Gill, Francine du Plessix Gray and William Styron, among many other celebrities. The book badly needs a genealogical tree and a fuller identification of the cast, but the story itself is devastating and richly merits a gold star for its authors.

I have two excellent screen biographies for this month, both bringing to life geniuses of the entertainment world. One is Barbara Leaming's *Orson Welles* (Viking, \$19.95), an intimate and full-length account of this flamboyant figure that was written with his cooperation; and the other is David Robinson's *Chaplin: His Life and Art* (McGraw-Hill, \$24.95), the most thorough story we're likely to get of this comic master, and one for

which Oona Chaplin opened his archives. The Welles book is a marvelously alive portrait, built on the subject's accomplishments in the theater and Hollywood. It is also brimful of his passionate loves, his turbulent marriages, his affairs and his associations.

Welles is utterly candid, usually funny and sometimes outrageous. Leaming, who is plainly adoring, has caught him in all his vivacity, even though she is aware that hers is obviously not a final biography. It's a fine read, though.

The Chaplin biography, on the other hand, indeed is complete. It centers on that moment of mysterious creativity in 1914 when a 25-year-old British music hall actor walked into the wardrobe room of the Keystone movie company in Hollywood and emerged with the costume that turned him into The Tramp.

Within a year he became known to more people than any single person in all history and, as we all know, quickly became the screen's presiding comic genius. The Robinson book tells the full story, but I must tell you that its style tends to be pedestrian. One reads it for information, not for literary value.

ood novelists have the knack of enchanting their readers by taking more or less ordinary situations and converting them into dazzling ones. Anne Tyler is just such a writer, as those of you who've read Dinner at the Homesick Restaurant have cause to know. Well, it's time to cheer for Miss Tyler again, and the reason is The Accidental Tourist (Knopf, \$16.95), a powerful and luminous fiction.

It concerns Macon Leary, a cur-

rent inhabitant of Baltimore — Miss Tyler's territory. Leary dislikes travel, so he is the ideal person to be an armchair traveler, one clever enough to do a series of guidebooks that describe where Americans abroad can find those touches of American civilization that give them a sense of security in alien worlds. Macon leads a quiet existence until he meets Muriel at a kennel where he sometimes boards his dog. Muriel ends Macon's isolation with most amusing consequences.

Tyler has concocted a modern romance that is filled with irony and wise perceptions about the human condition. Tyler is a truly classy novelist, so her latest should go on your "must" list.

It's apparently impossible to slake the thirst for international spy thrillers. Even books that are cobbled together seem to make money for their authors and publishers. Occasionally, though, some thrillers are more than fast products of a word processor and deserve to be read because they tell a taut story with sophistication and a sense of character. One such is surely Anthony Hyde's *The Red Fox* (Knopf, \$17.95), an exceptionally worthy debut of a writer worth watching.

The book's suspense centers on a hunt for Harry Brightman, a well-to-do fur dealer who has mysteriously vanished. Money is involved, of course, as are other mysteries. The hunt for Brightman takes place in the United States, Europe and the Soviet Union, and is touched off by his daughter May. She asks Robert Thorne, a foreign correspondent she once loved and a "Russian expert" to boot, to help find her father.

Wisely, Thorne checks into Brightman's life and discovers some very unsettling facts; he also finds out that a Russian agent — not the KGB — is on Brightman's trail. The chase is cleverly contrived and the climax is nicely worked out in a final confrontation. Hyde never

loses sight of the entertainment value of his novel, making it all the more pleasant to read.

Just as absorbing spy stories are more rare than you'd think, so are artful mysteries that involve death. Susan Kenney, who teaches writing at Colby College in Maine, has turned the trick, however, in *Graves in Academe* (Viking, \$14.95), a neatly plotted and wittily presented novel.

It involves Roz Howard, a literature professor at a New England college, who is taking over for a teacher killed in a mysterious accident. Plucky and self-possessed,

novels under his belt, has used this truism to sensitive effect in *Caracole* (Dutton, \$17.95). Here, a teenaged Gabriel grapples with the awakening of sexual desire, problems of social intrigue and the immense difficulties of fitting into the political structure.

In Gabriel's quest for a new equilibrium, he has the company of Angelica, a woman who in some ways is more mature, though she is still a child in other ways. White depicts their joining and separate struggles against a large background of cultural ferment in which cerebral and erotic episodes are nicely intertwined.



Edmund White's perceptive novel, Caracole, deals with the problems young people face as they pass into adulthood. White's story is amusing as well as instructive.

Roz is shaken when other members of her department are assaulted, some fatally. At the same time, Roz finds not one, but three love interests — the charming college dean, a vegetarian sculptor, and a bright and curious student.

In this mix, she goes about solving the mysteries with a panache that carries us effortlessly along to the final fadeout. I liked Kenney's plot twists and her ear for academic dialogue.

he passage from youth to adulthood is surely one of life's most testing experiences. Edmund White, with two

White, who is very perceptive, is by no means heavy-handed. His novel is amusing as well as instructive in the ways star-crossed young people find their bearings.

ave you ever fancied reinventing yourself? Possible only in a fairy tale, alas, though still a tempting notion. Well, Barbara Wyden, who has made her mark in nonfiction, lets her imagination run riot in her first novel, built on this theme of reinvention.

Called *A Rich Wife* (Macmillan, \$17.95), the book spins the engrossing tale of Alexandre de Gran-

ville, a good-looking but poor fortune hunter who travels to the United States in search of a wife of means. He turns heads but not hearts until he meets Fredericka Schumaker, no beauty, who decides she'll mold Alexandre to her heart's desire. It's obviously a marriage of convenience for him, though passion does have a moment or two. Chiefly, however, Fredricka discovers that marriage permits her to exchange her gawkiness for social grace.

Over time, both come to appreciate the strengths of the marriage, although there is some straying along the way. Miss Wyden is a romantic novelist, and if you're in that mood you're certain to enjoy her book.

novel in a more serious vein and one that packs a terrific emotional wallop arrives this month from Warren Adler, a practiced storyteller. It is *Twilight Child* (Macmillan, \$15.95), the timely and riveting account of a court battle for child visitation rights.

What lifts this novel out of the ordinary, aside from its good writing, is that it is told from the perspective of the three women principally involved. The protagonists are the young widow Frances, who has remarried and is understandably eager to provide her son Troy with love, security and a sense of direction; the grandmother Molly, upset over potential separation from her only grandchild; and Annie, the family court judge to whom the case is assigned.

Adler invests his story with understanding of the intense emotional issues generated in the contest over the child — happily, a bright, well-adjusted boy both puzzled and bored by all the fuss.

Although *Twilight Child* contains some echoes of Avery Corman's *Kramer vs. Kramer* of several years ago, it still stands on its own as a probing evocation of the painful consequences of feuding over children and the judgment dilem-

ma in cases where the law has to be interpreted with compassion.

It's a high art to capture speech patterns with exactitude, and a still higher art to convert such dialogue into a novel of both character and plot. Happily, William Gaddis is so blessed, and it is awesome to read him. His book is *Carpenter's Gothic* (Viking, \$16.95).

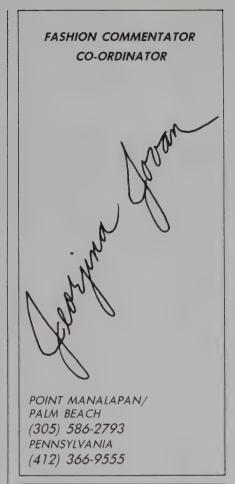
The title alludes to a type of architecture once prevalent in the lower Hudson Valley and that figures in the story. The title also hints at the unusual lives of the protagonists — Paul Booth, a Vietnam war veteran and a scalawag; and Liz, who is the butt of Paul's instability. Paul wanders into the orbit of an electronic evangelist who wants to convert the world, while Liz slips into a love affair with a geologist.

Their lives are disordered and there is no fadeout into the sunset; but the impressive narrative power of the novel is made all the more so by the energy derived from Gaddis' superb control over speech patterns.

Verett T. Rattray was the editor of the Easthampton (L.I.) Star, one of the country's finest weeklies. Into the bargain, he possessed a special rapport with the South Fork of the island, where his family had lived for generations.

This feeling dominates his posthumous novel, as fetching a book as you're likely to read in a long time. It is called *The Adventures of Jeremiah Dimon: A Novel of Old East Hampton*, and it's available from the Pushcart Press, Wainscott, N.Y. 11975 for \$17.95. Rattray's characters are totally believable and his leisurely story evokes rural life in a fishing community as it existed a hundred years ago.

ou'll feel rewarded if you lay your hands on Rose Tremain's novel about how distance does not actually make the heart grow fonder. Called *The Swimming Pool Season* (Summit, Continued on page 64





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Days & Nights

Following is a list of local events for the month of September. Although we make every effort to ensure accuracy in our calendar, occasionally schedules change after we go to press.

THEATER

Actor's Workshop and Repertory Company. 308 S. Dixie Highway, West Palm Beach. 655-2122. Friday and Saturday at 8 p.m.; Sunday matinee at 2:30 p.m. Through Sept. 1. The One and Only, One-Art Brigade. A choice of the best one-act plays of the 20th century performed by the Rep's improvisational ensemble; Sept. 18 to Oct. 6. Dinner and Drinks by Christman. American premiere directed by Monte Markham.

Burt Reynolds Jupiter Theater. 1001 Indiantown Road, Jupiter. 746-5566. Dinner service begins two hours before show. Curtain time Tuesday through Saturday at 8:30 p.m.; Wednesday and Saturday matinees and Sunday champagne brunch at 1:30 p.m. Through Sept. 8. The News. A world premiere musical about the newspaper industry and an editor's relationship with his daughter. Opens Sept. 10 through Oct. 13. Ain't Misbehavin. The dazzling Broadway musical hit with 30 songs written or made famous by American jazzman Thomas "Fats" Waller.

Jan McArt's Royal Palm Dinner Theater. 303 Golfview Drive, Boca Raton. 426-2211. Dinner service begins two hours before show. Curtain time Tuesday through Saturday at 8 p.m., Sunday at 6 p.m. Opens Sept. 3 through Oct. 6, Night Watch by Lucille Fletcher.

Little Palm Theater for Children. Royal Palm Theater Center, 303 Golfview Drive, Boca Raton. 395-7975. Each Saturday morning at 9:15 a.m. Oliver.

Musicana Dinner Theater. 1166 Marine Drive, West Palm Beach. 683-1711, 428-6018. Dinner at 6 p.m. followed by the show. Audience dancing between acts. Tuesday through Sunday. Now through Sept. 1. Stairway to the Stars. Memorable tunes from show business greats of screen, stage and records. Closed Sept. 2 through 13. Open Sept. 13 through Oct. 20. Strike up the Band: A Salute to George Gershwin.

ART

Art in Public Places. County government centers in West Palm Beach, Delray Beach and Palm Beach Gardens. 659-4460, 276-1522. Monday through Friday from 9 a.m. to 5 p.m. "Living Gallery." Paintings, sculpture and photography by Palm Beach County artists.

Art Institute of Fort Lauderdale. 3000 E. Las Olas Blvd., Fort Lauderdale. 463-

PREVIEW

The kids are coming! What kids? The Kids from Wisconsin — a 35-member troupe of talented high school and college singers, dancers and instrumentalists. Their 1984 Boca Raton debut took the city by storm and won them a return engagement on Sept. 2 with the Boca Raton Symphonic Pops on the Great Hall stage in Mizner's famed resort.

It's the 1980s version of Up With People. With songs, music and boundless pride, these Wisconsin goodwill ambassadors represent a new and wholesome breed of talented young adults. And here's the local angle — Boca Raton Pops maestro Mark Azzolina founded the Midwest ensemble in 1969. Since then, hundreds of students go through the highly competitive spring audition for a summer of hard work and the reward of being called a Kid for life.

Once the summer performances at the famed Wisconsin State Fair are over and the television appearances and nationwide touring ends, it's the memories of sharing the same stage with big-name entertainers that keep a member of the Kids from Wisconsin a Kid forever. This same youthful spirit accompa-

This same youthful spirit accompanies the Pops 35th anniversary season — enthusiasm, optimism and excitement. It's easy to catch the Pops fever, because they have just added a new mini-series to augment their regular 10-concert season at Florida Atlantic University auditorium, which, according to manager Carol Simmons, "sold out faster than the Minute Waltz played in double-time."

With the telephone ringing off the hook for Pops concert tickets, the FAUbased series is selling well. Excellent seats are still available, however.

The premiere mini-series lineup begins with The Ink Spots on Jan. 23. Everybody's favorite crooner Tony Martin takes the spotlight on Feb. 23, and pianist Dalya Kahn tickles the ivories on Feb. 27.



Tony Martin Boca Raton Symphonic Pops

Vocalist Don Cornell concludes the miniseries on March 20.

The Royal Poinciana Playhouse will not host a second Pops celebrity series this year. But for those lucky 2,500 Boca Raton FAU season ticketholders, here is what you will enjoy this year when the Pops and maestro Mark Azzolina take the stage with "Voice of the Pops" commentator Tony Marvin:

The season opener on Oct. 15 features baritone Johnny Desmond. Pianist Carmen Cavallaro performs on Nov. 5 and harmonica virtuoso Larry Adler plays on Nov. 19. The 125-voice Bibletown Choir gets in a holiday mood on Dec. 17 and soprano Shirley Azzolina rings in the New Year on Jan. 7.

The season continues on Jan. 21 with the Ink Spots Quartet on Jan. 21; Tony Martin on Feb. 11; Dalya Khan on Feb. 25; and Don Cornell on March 18. The season concludes with a concert by soprano Giselle MacKenzie.

Setting the stage for the entire 35th anniversary season is the spirited, all-American performance by the Kids from Wisconsin at 8 p.m. on Sept. 2. Be there for a star-spangled evening. You, too, will leave the concert a kid at heart.

3000. Monday through Thursday 8 a.m. to 8 p.m., Friday 8 a.m. to 5 p.m., Saturday 9 a.m. to noon. Sept. 3 through 30. "One man exhibit of works by Milt Stevens." Show includes watercolors and graphic design.

Bass Museum of Art. 2121 Park Ave., Miami. 673-7530. Tuesday through Saturday 10 a.m. to 5 p.m., Sunday 1 to 5 p.m. "Selections from the Permanent Collection."

Boca Raton Museum of Art. 801 W. Palmetto Park Road, Boca Raton. 392-2500. Tuesday through Saturday 10 a.m. to 4 p.m.; Sunday 1 to 4 p.m. Sept. 7 to Oct. 6. "Selection of Sculptures from Tane Silversmiths" and "Cecil Beaton Portraits."

Broward Art Guild. Guild gallery, 3450 N. Andrews Ave., Fort Lauderdale. 564-0121. Monday through Friday 10 a.m. to 4:30 p.m. Sept. 20 through Nov. 11. "The New Season Exhibition."

Lowe Art Museum. 1301 Stanford Drive, University of Miami, Coral Gables. 284-3535. Tuesday through Friday noon to 5 p.m.; Saturday 10 a.m. to 5 p.m., Sunday 2 to 5 p.m. Now through Sept. 30. "A Moment for Miami." Selections of works submitted to the *Tropic* magazine competition.

Miami Center for the Fine Arts. 101 W. Flagler St., Miami. 375-1700. Monday, Tuesday, Wednesday and Friday 10 a.m. to 6 p.m.; Thursday 1 to 9 p.m. Saturday 10 a.m. to 5 p.m.; Sunday noon to 5 p.m. Now through Sept. 2. "Jan Groover Photographs" and "Marc Chagall: Works on Paper."

Morikami Museum Art Gallery. 4000 Morikami Park Road, Delray Beach. 495-0233, 499-0631. Tuesday through Sunday from 10 a.m. to 5 p.m. Now through Sept. 30. "Three Potters." Recent works by Nobuko Kimura, Kazuko Kayasuga Matthews and Ted Saito.

Norton Gallery of Art. 1451 S. Olive Ave., West Palm Beach. 832-5194. Tuesday through Saturday 10 a.m. to 5 p.m.; Sunday 1 to 5 p.m. Sept. 14 through Oct. 20. "Textiles for the '80s." Organized by the Museum of Art, Rhode Island School of Design, 100 hand manufactured and industry fabrics represent the most innovative work in the field.



Textiles for the '80s Norton Gallery of Art

Palmetto Gallery, NCNB National Bank, 150 E. Palmetto Park Road, Boca Raton. 395-4918. Monday through Friday 9 a.m. to 3 p.m. "Boca Raton Artist Showcase."

Ritter Art Gallery. Florida Atlantic University, Glades Road, Boca Raton. Tuesday through Saturday 10 a.m. to 4 p.m. Sept. 17 through Nov. 2. "The Works of Richard Duncan — New York."

Science Museum and Planetarium of Palm Beach County. 4801 Dreher Trail North, West Palm Beach. 832-1988. Tuesday through Saturday 10 a.m. to 5 p.m.; Sunday and Monday 1 to 5 p.m.; Friday night 6:30 to 10 p.m. Planetarium shows daily at 3 p.m. and Friday at 7 p.m. Observatory open Friday 8 to 10 p.m. Now through Sept. 30. "Our Radioactive World." Sponsored by the American Nuclear Society.

MUSIC

Bill Cosby. The Sunrise Musical Theater. 5555 N.W. 95 Ave., Sunrise 967-BASS.

Sept. 1 at 8 p.m. Dinner package available for the show.

Boca Raton Symphonic Pops. Mark Azzolina, conductor. Boca Raton Hotel and Club, Camino Real, Boca Raton. 391-6777. Sept. 2 at 8 p.m. *The Kids From Wisconsin*. Return engagement of this talented revue. Table seating available in the Great Hall.

Coral Ridge Concert Series. Coral Ridge Presbyterian Church, 5555 N. Federal Highway, Fort Lauderdale. 491-1103 or 584-0836. Sept. 27 at 8 p.m. Sung Sook Lee, soprano, performs excerpts from Madame Butterfly.

Rockin' and Reading. Palm Beach County Public Library, central branch. 3650 Summit Blvd., West Palm Beach. 686-0895. Sept. 28 at 2 p.m. Live rock-androll concert followed by a rock video and book giveaway. For young adults 13 to 19 years old who have a library card.

LECTURES

Palm Beach County Public Library. Central branch, 3650 Summit Blvd., West Palm Beach. 686-0895. Sept. 19 at 7:30 p.m. "An Evening of Trust." Midlantic Bank vice president William C. Myers and investment vice president Diane Doherty discuss how to build and retain your estate; Sept. 3 at 7 p.m. "It's all in the Stars." Lecture program with emphasis on the sun signs by astrology buff Diane Monte; Sept. 19 at 7 p.m. "The Video Revolution." Demonstration by video services and equipment by David Roy of All-Tech Television.

Palm Beach County Public Library. Greenacres branch. 964-2525. Sept. 18 at 2 p.m. "Modern Geriatric Medicine." Lecture by Dr. Arthur Altbuch.

Palm Beach County Public Library. West Atlantic branch. 7777 W. Atlantic Ave., Delray Beach. 489-3110. Sept. 12 at 10 a.m. "How to Cope with Arthritis." Lecture and discussion presented by the Florida chapter of the Arthritis Foundation.

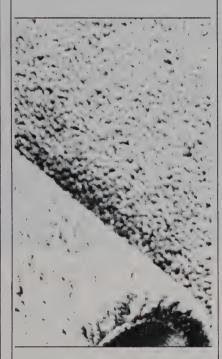
FILM

Films for Kids. Palm Beach County Public Library. Greenacres branch. 964-2525. Thursdays at 10:30 a.m. and 3:30 p.m. Sept. 5. Bicycle Safety — You Can Prevent An Accident, and The Big Hex of Little Lulu; Sept. 12. Cats Pal; Sept. 19. The Cold-Blooded Penguin and Crossbar; Sept. 26. The Devil and Daniel Mouse; and The Emperor's New Clothes.

Le Cinema Series. Palm Beach County Public Library. Central branch. 365 Summit Blvd., West Palm Beach. 686-0895. Sept. 6 at 7:30 p.m. *Brief Vacation*. Film repeats at West Atlantic branch, 7777 W. Atlantic

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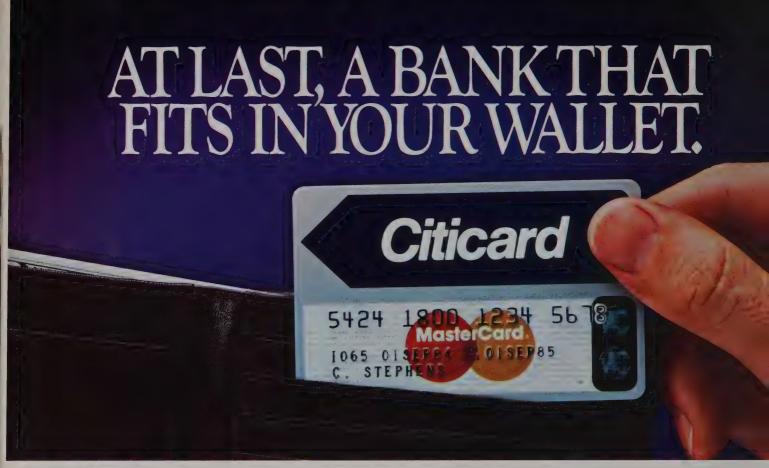
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Ave., Delray Beach. 489-3101. Sept. 5 at 12:30 and 3 p.m. The last film of director Vittorio DeSica, which stars Florinda Boulin.

Palm Beach County Public Library Film Series. Central branch. 3650 Summit Blvd., West Palm Beach 686-0895. Each Wednesday at 2 p.m. and 7:30 p.m. West Atlantic branch, 7777 W. Atlantic Ave., Delray Beach. 489-3110. Each Tuesday at 1:30 and 3 p.m.; Southwest County branch. 8221 W. Glades Road, Boca Raton. 482-4553. Each Wednesday at 2 p.m.; Greenacres branch. 964-2525. Each Tuesday at 2 p.m. Thursday children's series at 3:30 p.m.; Palm Beach Gardens branch. 8895 N. Military Trail, Bldg. C 626-6133. Each Wednesday at 2 p.m.; West County branch, 1030 Royal Palm Beach Blvd., Royal Palm Beach. 798-0154. Each Tuesday at 2 p.m.

Summertime Travelogue Film Series. Palm Beach County Public Library. Southwest County branch. 8221 W. Glades Road, Boca Raton. Wednesdays at 2 p.m. Limited seating. 482-4554. Free tickets distributed at noon at the library on day of performance. Sept. 4. George Plimpton's New York. The noted author guides the viewer through this extraordinary city; and Two Cities: London/New York. A comparison and contrast between the two great cities, each with its own personality, ethnic background, culture and traditions. Sept. 11. Egypt's Pyramids: Houses of Eternity. The National Geographic Society takes you on a journey to the land of the Nile; and Sadat's Eternal Egypt. Examine many of the treasures that remain from the reign of the Pharaohs and the impact of its conquerers as seen through the eyes of the late Egyptian president. Sept. 18. Germaine Greer's Sydney. The noted author takes us on a tour of one of Australia's most loved cities; Hildegard Knef's Berlin. The actress opens the city to the views in an historical and personal manner; and City Out of Wilderness: Washington. The story of our capital city — its struggle and disagreements, and its pride and idealism. Sept. 25. Melina Mercouri's Athens. The noted actress guides us through the streets of her homeland as we hear its poetry, music and legends; Greece: So Rich and So Poor. This lovely country is shown here with its marked contrast between the old and the new; and Two Worlds of Hong Kong.

SPECIAL EVENTS

Boca Raton Historical Society. Guided tours of the Boca Raton Hotel and Club. East Camino Real, Boca Raton. 392-3003, 395-6766. Special group tours of the hotel given by the Historical Society are available upon request. Donations benefit restoration of Town Hall.

Japanese Garden Tour. Morikami Museum of Japanese Culture. 4000 Morikami Park Road, Delray Beach. 495-0233. Every Wednesday at 2 p.m.

Science Museum and Planetarium of Palm Beach County. 4801 Dreher Trail North, West Palm Beach. 832-1988, Planetarium. Shows daily at 3 p.m. and Friday at 7 p.m. Opens Sept. 21. The Comet that Lost its Tail.

SPORTS

Calder Race Track. 21001 N.W. 27 Ave., Miami. 625-1311. Thoroughbred racing daily except Sunday. Post time 1 p.m. Now through November.

Dania Jai-Alai. 301 East Dania Beach Boulevard. 927-2841, 428-7766. Now through Nov. 9. Tuesday through Saturday at 7:15 p.m.

Miami Dolphins. Orange Bowl Stadium, 1501 N.W. 3rd St., Miami. 643-4700. Sept. 15 at 8 p.m. against Indianapolis. Sept. 22 at 8 p.m. against Kansas City.

Miami Jai-Alai. 37th Avenue and 36th Street, Miami. 633-6400. Post time 7:15 p.m. nightly except Sunday. Monday, Wednesday and Saturday matinee at noon, now through September.

ATTRACTIONS

Ann Norton Sculpture Gardens, Inc. 253
Barcelona Road, West Palm Beach, 8325328. Open Monday through Saturday
from 2 to 4 p.m. Three gardens contain



A Salute to George Gershwin Musicana Dinner Theater

the permanent collection of monumental brick sculptures in a garden atmosphere.

Barrington Museum of American Folk Art. 900 E. Atlantic Ave., Delray Beach. 276-1446. Open Monday through Friday 10 a.m. to 4 p.m. Permanent collection of American Folk Art.

The Discovery Center. 231 S.W. 2nd Ave., Fort Lauderdale. 462-4115. Open Tuesday through Friday, 2 to 5 p.m.; Saturday, 10 a.m. to 5 p.m.; and Sunday, 1 to 5 p.m. A science and history museum that invites you to participate in hands-on exhibits and special events.

Dreher Park Zoo. 1301 Summit Blvd., West Palm Beach. 585-2197. Open daily from 9 a.m. to 5 p.m. Highlights include the Betty Cardinal nature trail, zoological exhibits and botanical gardens.

Elliott Museum. Located on Ocean Boulevard (A1A), five miles east of Stuart on Hutchinson Island. 225-1961. Open 1 to 5 p.m. daily. The museum houses a collection of antique automobiles and cycles and features contemporary art.

Henry Morrison Flagler Museum. One Whitehall Way, Palm Beach. 655-2833. Open Tuesday through Saturday, 10 a.m. to 5 p.m.; Sunday, noon to 5 p.m.

Hibel Museum of Art. 150 Royal Poinciana Plaza, Palm Beach. 833-6870. Open Tuesday through Saturday, 10 a.m. to 5 p.m.; Sunday, 1 to 5 p.m. The Craig Collection of artist Edna Hibel's works.

House of Refuge. Hutchinson Island, Stuart. 225-1961. Open daily except Monday and holidays, 1 to 5 p.m. Commissioned in 1875 by the U.S. Life-Saving Service to aid shipwrecked sailors, the Gilbert's Bar House of Refuge is completely restored.

Island Queen Riverboat. Phil Foster Park, Blue Heron Boulevard, Singer Island. 842-0882. A Mississippi-style paddlewheeler that sails on the Intracoastal. Four cruises daily with narration and background music.

Jonathan Dickinson State Park. Off U.S. Highway One, Hobe Sound. 546-2771. Guided nature cruises leave from the park marina daily (except Monday) at 1 p.m. Picnic and camping facilities available.

Morikami Park. 4000 Morikami Park Road, Delray Beach. 499-0631. Open Tuesday through Sunday 10 a.m. to 4 p.m. Japanese museum and gardens.

Mounts Horticultural Learning Center.
Palm Beach County Cooperative Extension Service, Mounts Agricultural Center, 531 N. Military Trail, West Palm Beach. 683-1777. Open Monday through Saturday from 8:30 a.m. to 5 p.m.

Norton Gallery of Art. 1451 S. Olive Ave., West Palm Beach. 832-5194. Tuesday through Saturday, 10 a.m. to 5 p.m.; Sunday, 1 to 5 p.m. One of the outstanding small art museums in the country, the Norton has a distinguished permanent collection. Major areas include Impressionist and post-impressionist masterpieces

Patrick Lannan Foundation Museum. 601
Lake Ave., Lake Worth. 582-0006. Open
Tuesday through Saturday from 10 a.m.
to 5 p.m.; guided tours at 2 p.m. on
Tuesday, Thursday and Saturday. A private collection of contemporary art reflecting the developments in painting, sculpture, glass and ceramic works over
the last 35 years. Major international artists and emerging artists are presented.

Science Museum and Planetarium. 4801 Dreher Trail, Dreher Park, West Palm Beach. 832-1988. Open Tuesday through Saturday, 10 a.m. to 5 p.m.; Sunday and Monday, 1 to 5 p.m.; and Friday, 6:30 to 10 p.m.

Singing Pines Museum. On the Northwest 4th Diagonal, Boca Raton. 368-6875. Open Tuesday through Friday, 10 a.m. to 4 p.m.; Saturday, 10 a.m. to 1 p.m. The oldest unaltered wooden structure in the Boca Raton area (buil: in 1911).

Society of the Four Arts. Four Arts Plaza, Palm Beach, 655-2766. Library and gardens are open 10 a.m. to 5 p.m., Monday through Friday.

Viscaya Museum and Gardens. 3251 S. Miami Ave., Miami. 579-2708. Open daily from 9:30 a.m. to 5 p.m. Sunday evening sound and light show.

BOB ROBSON

GROWING MY WAY

Miniature Roses

o matter the size of your home — be it country mansion, city townhouse or resort condominium — miniature roses can light up a small-space garden.

Miniature roses are replicas of their larger cousins, differing only in the sizes of flower and bush. Their popularity among rose lovers has increased so dramatically in recent years that rose growers are hard-pressed to keep up with the demand.

Daintiness is the plants' forte. Although miniature roses grow larger in South Florida than in any other part of the country, by regular rose standards they remain much smaller of flower, foliage and growth habit. The three types — bush, climbers and tree — make them ideal for outdoor beds in large or small garden spaces. Minis are especially adaptable as container plantings for balconies, entrance foyers or patios.

By classification, bush miniatures grow only 12 to 18 inches high and about the same across. Size is maintained by pinching out new shoots and carefully pruning. The flowers, either single or double, are 1½ to 2 inches across. For show blooms, the flower should not exceed 1½ inches. Flowers are borne singly or in clusters, depending on the variety. Leaflets grow in proportion to flower size, averaging ½ inch wide and ¾ inch long.

Climbers are mutations of bush-type plants resulting from hybridization.

Miniature tree roses are created by training a basal shoot into a shapely tree or by budding a desired variety onto a trunk or standard that is about 12 inches high.

Mini roses, like regular roses, are suitable for informal or terraced

beds and in rock gardens. Frequently used to border beds of standard roses or other larger plants, they are ideal too for use as accent plants.

The combination of small size and adaptability to container culture make miniature roses perfect for small-space gardening. Depending upon the size of the plant, 4- to 7-inch pots are the most desirable sizes for bush miniatures. Tree roses require 12- to 14-inch containers and stakes for support.

Because local supplies of miniature roses are limited, it may be necessary to mail-order for a wider variety. Mail-order plants usually are shipped in 3-inch pots or balled



in sphagnum moss. Directions for in-ground or container planting are included and should be followed.

Generally, mini bushes are planted just below the original soil line, and not more than an inch deeper. This is usually visible on the main stem or trunk. Pre-soak in water for 5 to 6 hours before planting. Soil around the base of the plant should be mounded until new growth starts. Spacing in beds or planters should be about 12 to 14 inches apart.

Miniature rose care is basically the same as for standard roses.

• Compost, well-rooted manure (dehydrated cow or sheep manure)

nure from garden shops) and a bit of peat moss should be added to planting holes or beds.

• Do not use fertilizer at the time of planting. A few tablespoons of Milorganite (100% organic) is acceptable.

• After roses are established and flushing new growth, use any brand of rose food as opposed to general garden fertilizer. Apply as directed, usually about one tablespoon per bush every 30 to 60 days.

Mini roses develop an extensive root system and require adequate water. In-ground plants are watered at the base once or twice per week, depending on the weather. Container plants require close attention due to more rapid drying.

• To control size, shape the bush and increase blooming in new plants, pinch back new growth and prune carefully. After blooming, the bush can be sheared on top and sides to retain compactness.

• Use rose spray or dust every one or two weeks to control diseases, blackspot, powdery mildew and pests such as spider mites.

To secure miniature rose bushes, first try local nurseries and plant shops. Green Garden Supply in North Palm Beach and Henegan's Nursery in West Palm Beach may be sources. Mail-order houses are numerous all over the country. A few that have a good selection are: The Miniature Rose Co., 200 Rose Ridge, Greenwood, S.C. 29647; Miniature Roses, 12851 Old Foothill Blvd., Santa Ana, Calif., 92705; and Nor'East Miniature Roses, 58 Hammond Street, Rowley, Mass. 01969.

An excellent book for information on regular or miniature roses is A Guide to Growing Roses in South Florida, published by the Greater Palm Beach Rose Society. It is avail-

able by calling Janet or Alvin Bennett at 844-7683. The cost is reasonable, somewhere around \$6 to \$8.

Gardening Tips For September

Insects: Check fruit trees and ornamentals for aphids, mealybugs and whitefly. Malathion and oil available at garden shops as combination spray offers good control.

Lawns: Avoid fertilizing except for light applications to newly sprigged areas to encourage rapid coverage. Feeding now encourages sod webworms and armyworms to invade the lush grass. Watch for chinch bugs in St. Augustine lawns.

Pruning: Prune poinsettias before Sept. 15 if you would like beautiful bracts for Christmas. Do not prune after Oct. 1. In deference to this prime hurricane month, prune large trees and shrubs if not done earlier.

Planting: Continue to plant and transplant trees and shrubs. Water daily until new growth starts. Plant vegetable and flower seeds for planting out in October. Plant bulbs.

Propagation: Last good month to make air layers. Postpone taking of cuttings until spring.

Fertilizer: Feed all newly planted material monthly until well established. Make light feedings.

Watering: Rainfall averages about 9 inches per month. Water well between rains.

Special Note: Repair hurricane damage to trees and shrubs by pruning broken branches well below breaks or tears. Make cut below first, meeting with top cut to avoid tearing and to achieve a smooth, even cut. Fertilize and keep well-watered until new shoots begin.



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of the Palm Beaches In Detroit In San Diego (619) 236-1003

GARDEN SQUARE SHOPPES Palm Beach Gardens, FL 33410 (305) 627-3240 The Executives Who Keep Palm Beach County Businesses Growing

Green Thumbs and Blue Suits

By Susan Salisbury/Photos by Donna Turner

Ithough most everyone has heard of Florida Power and Light, Saks Fifth Avenue and Pratt and Whitney, most people know little about who's in charge. Here's a look at the people who run these as well as other important Palm Beach County businesses.

They Put a Roof Over Your Head



John Linstroth

John Linstroth's grandfather invented the dry form of macaroni as it is used today and founded the Creamettes pasta company in the Midwest. But, as he grew up in Minneapolis, young Linstroth's interests took another direction away from the family firm, which has since been sold to Borden.

Today Linstroth, 45, heads Perini Land and Development Co. The firm has developed more than 5,500 acres in West Palm Beach.

After majoring in political science and history at Marquette University, where he met his wife Carol, Linstroth briefly attended law school. Deciding his goal was to be a Navy pilot, he spent five years flying from aircraft carriers and was involved in the early Gemini-Apollo spacecraft recoveries.

Returning to school and com-

pleting an MBA at Columbia University, Linstroth worked on the finance staff of Ford Motor Co. for three years. In 1973 he joined Perini as vice-president of administration, and by 1981 was president and chief operating officer.

Linstroth is proud that Perini, founded in 1957 by the late Louis Perini, turned what was originally a swamp into a stimulating environment. Approximately 8,000 people are employed along the "Palm Beach Lakes corridor," which opened the "Gateway to the West." The 1,500-acre Villages of Palm Beach Lakes is expected to be completed in 10 years and will include about 8,500 housing units of all types, two Jack Nicklaus-designed golf courses and 90 acres of office and commercial property.

A golfer himself, Linstroth has especially enjoyed developing golf courses. The firm has built five in Palm Beach County.

The Linstroth's live in West Palm Beach with their five children. Linstroth is a past president of the United Way, and a member of the board of directors at First American Bank and Trust, and is involved with the Palm Beach Day School, West Palm Beach Rotary Club, Urban League of Palm Beach County and the Palm Beach Festival.

Linstroth also likes to travel

and has written several travel articles that have been published.

"A few years ago I listed all the places in the world I'd like to go, and I realized at the rate of one a year, I would be over 80," he says.



E. Llywd Ecclestone

As chief executive officer of a company that had \$30 million in sales in 1984, E. Llywd Ecclestone Jr. admits he should be driving something flashier than a four-year-old Cadillac.

"I should be driving a Porsche or a fancy Mercedes," says the chairman of National Investment Co., the parent company of the PGA National.

But sailing is more his passion. He races sailboats and has sailed the seas of the Caribbean, South Pacific, Nova Scotia and to other spots in his 60-foot boat, the *Volca-no*.

Ecclestone, born in 1936 in Detroit, Mich., is a graduate of the Taft School and Wayne State University where he received a bachelor of business administration degree.

After serving in the Air Force, Ecclestone went into the building business with a friend in Detroit, later buying him out. He built houses, condominiums, car dealerships and medical buildings until 1965 when he moved to Palm Beach County.

His father, Llywd Sr., had begun Lost Tree Village, the exclusive residential area in the north county, and Ecclestone Jr. concentrated on the building and sale of houses there.

Today his best-known project is the PGA National resort and residential community in Palm Beach Gardens. Ecclestone also built the NCNB Tower Plaza Center, Old Port Cove and the Forum III.

Although Ecclestone says he had one project flop in Detroit, he's had only successes here. "The location of a project is as important as the concept and proper supervision of the development," he adds.

Ecclestone, a divorced father of four, is committed to Palm Beach County, and says he has new projects in the works.



Bob Satter

Bob Satter wanted to be a soldier when he grew up. After graduation from the United States Military Academy at West Point, he fulfilled that ambition by becoming a company commander on the Cambodian border.

But an unexpected turn of

events thrust Satter into the construction business. He's now chairman and chief executive officer of the Satter Companies, which did \$50 million in business in 1984 and expects to do \$80 million this year.

After Vietnam, Satter completed graduate school at the University of Massachusetts and worked for the Mitre Corp. developing software for the AWACS, an Air Force spy plane.

When his father, a retired attorney who had been in the shoe business, became ill in 1972, Satter came to the Palm Beaches to be with him. His father died the next day, leaving \$15,000 in cash, a modest life insurance policy and a few partially completed homes in West Palm Beach. Satter went through with the purchase of 10 acres off Florida Mango Road that his father had put a \$5,000 deposit on. That was his first subdivision.

"It was easier in those days. It did not take as much money. My father had minor banking connections. That helped me," Satter, 41, says.

Despite long working hours, Satter, of Atlantis, takes six or seven weeks vacation a year with his wife Joan and two teenage children.

"We're all great snow skiiers. We have a home in New Hampshire. I'm a scuba diver. We play tennis. We just came back from the Orient," Satter says.

The firm has about 20 projects in Palm Beach County under construction from office and retail buildings to rental apartment complexes and single-family homes.

Part of the company's success is due to what Satter calls "the nongreed principle." Every project is done with investors. The company plans to go public within the next couple of years.

"I'm going to work until I die. I would like to work at a less frantic pace," Satter says.

He's active in the Palm Beach Community Foundation, Better Business Bureau, Economic Council, Association of Retarded Citizens, United Way and the Committee on Efficiency in County Government.



Kevork Hovnanian

Kevork Hovnanian never finished high school. Today the 62-year-old Palm Beacher is the nation's fourth largest builder of multifamily units in terms of the number of units delivered. According to Hovnanian, with \$163 million in sales for 1984, he ranks 29th among builders in volume.

"I started working when I was 15 and haven't stopped," Hovnanian says.

An Armenian born and raised in Bagdad, Iraq, Hovnanian is the son of a small general contractor. Hovnanian became a road builder and owned a company in Iraq that was one of the largest in the country with 1,300 employees. He left for political reasons in 1959 and came to the United States.

Hovnanian, his wife Emily (Sirwart in Iraqi) and three children started their lives over in New Jersey, joining a large number of relatives. His three brothers were working for others when the four decided to form a construction company. After four years, they split the company equally. All still are in separate enterprises in the building business.

"My company began in New Jersey building small houses and from then on we kept going. In 1970 we came to Florida. Our first project was Covered Bridge in Palm Beach County," he says.

Hovnanian estimates he has built 12,000 to 15,000 units in Florida, Georgia, Texas, New Jersey and Pennsylvania since he began, and says about 20 projects are now under construction in Florida.

After years of building nothing

but townhouses and condominiums, Hovnanian is building singlefamily homes in Palm Beach County. A three-bedroom, two-bath house with a two-car garage sells for \$69,000 at the Palm Club off Military Trail. The Hovnanians have owned a condominium in Palm Beach since 1971, and recently renovated a home on the Intracoastal. They also spend time in New Jersey.

"My pleasure and my hobby is my business. I'm happiest when

I'm in my office. This is my relaxation," says Hovnanian, who works six days a week. On Sundays he calls the sales offices for reports.

"An employee once told me, 'There's no line between you and your company.' It's true," he says.

They Surround You with High-Tech



Dieter Buschmann

German-born and educated Dieter Buschmann is senior vice president and general manager office systems group, Siemens Communication System Inc., Boca Raton. He also speaks four languages and has seen more of the United States than most Americans — 45 states.

Growing up in Austria and Germany, Buschmann's dream was to come to "the magic country" — America.

He studied for a master's degree in business administration at Munich University while working for Siemens in a commercial apprenticeship. Then, on the Fourth of July, 1963, he arrived in Manhattan and took a job with an importexport firm.

He quit his job and toured the country on a \$99-for-99-days bus ticket. After a year or so, he traveled to the Caribbean and Central and South Americas. Finally, he headed back to Germany while earning his passage on a Dutch freighter. On board he met a Siemens executive who offered him a job, and ironically, a few weeks later, Buschmann was back in Rio De Janeiro working for Siemens.

Over his years with the firm, Buschmann has established a joint communications satellite program between West Germany and France and started a communications manufacturing plant in Iran. While at a Russian restaurant in Iran he met his German wife Ingrid, who holds a doctorate in pharmacy. They returned to Munich where he took another top Siemens job, then in 1983, came to Boca Raton as chief executive. He oversees 550 employees in Boca Raton and 350 in Cherry Hill, N.J.

Siemens provides business communication systems that link computers, work stations, printers and other systems into a single integrated communications network. The Buschmanns live in Highland Beach with their school-age daughter who didn't know a word of English when she arrived here two years ago. She's now a top student at the Gulf Stream School.

Buschmann misses the skiing, hiking and mountain climbing he enjoyed in Germany, but he likes Florida. He also maintains a home in Germany.

Working 12-hour days and part of most weekends doesn't leave much leisure time. A recent five-day vacation was spent driving around the state to St. Augustine, Daytona Beach, Ocala, St. Petersburg and Sarasota, visiting tourist attractions.

"I'm fascinated by Florida's beauty," Buschmann says.

A big challenge facing him is combining operations. The company is headquartered in Munich, but has offices all over the United States. Siemens, founded in 1847, had revenues of \$17 billion last year.



Tom Mayer

Tom Mayer's career has been a classic corporate climb from company to company to the pinnacle of corporate vice president and general manager of the U.S. business region for Mitel Corp., Boca Raton.

Mayer and his wife Ann with their three children have made many moves and lived in such diverse places as Brussels, Belgium and Johnson City, Tenn.

Mayer grew up in Cleveland, Ohio, where his father worked in a factory and his mother was a bank teller. He worked his way through college at Ohio University in Athens and received a degree in mechanical engineering.

He then worked for General Dynamics Electrics in Rochester, N.Y. and moved on to Bausch and Lomb where he worked on fiber optic development. Another position was with RF Communications.

Mayer spent five years with ITT's European headquarters in Brussels, then became part of ITT's Telecom Division as vice president of operations in Johnson City, then moved to Roanoke, Va. for ITT. In 1983 Mayer came to Mitel as vice president of operations for the U.S. business region and assumed his

current position in 1985. He oversees 1,200 employees, 600 in Boca Raton. It's not necessary to move to get to get to the top, Mayer says, but it facilitates it.

Traveling on business about 40 percent of the time, coupled with 12-hour days, leaves little leisure time. Mayer loves sailing, but rarely has time for more than playing tennis. The family likes the beach and takes snow skiing vacations.

Mayer is currently involved in integrating the U.S. side of Mitel into British Telephone, which is acquiring a 51 percent interest in Mitel, a corporation with \$350 million in sales last year.

"I like working. I have fun with my job," Mayer says.



James G. O'Connor

James G. O'Connor took over as president of Pratt & Whitney's government products division in March and has yet to grant any interviews. The firm is one of the county's largest private employers with a workforce of 7,600, approximately half of which is with the government products division.

O'Connor joined Pratt & Whitney in 1959 as an engineer. After working in engineering and the commercial products division, he became senior vice president in charge of the company's F-100 military engine program in 1982. He was appointed executive vice president of the government products division in 1984, according to information released by Pratt & Whitney.

O'Connor graduated from Clemson University with a bachelor's degree in mechanical engineering and received his graduate degree from Rensselaer Polytechnic Institute.

They Finance Happiness



Jake Morgan

When West Palm Beach native Jake Morgan was stationed in Germany in the United States Army, he made small loans to fellow servicemen.

Morgan, who had grown up working the family stationery business, had no idea that some day he would go into banking and become president of the Bank of Palm Beach and Trust Co.

Morgan was working in the stationery store when he met a bank employee and wound up getting a job at the bank in 1957. The Palm Beach High School graduate, who attended the University of Florida and The Citadel, worked in the proof department doing tasks such as helping the mail clerk, and working in the stock.

"I tell my employees no matter how menial the task is, they have the opportunity to get to the top," says Morgan, who attended banking school for three summers.

Morgan worked his way through various departments such as bookkeeping, the teller line, installment loans and new accounts. By 1967 he was an executive vice president and in 1969 was appointed president, the first local person to be president of the bank founded in 1953.

"I was absolutely flabbergasted the day I was elected. I had been told by the board to go outside the bank and look for someone," Morgan recalls.

Morgan, 52, and his wife Fannie, a Lake Worth native, married after working together at the bank. Their son is a Miami attorney and their daughter is the bank's marketing director.

Morgan, who lives in West Palm Beach, enjoys photography, has been through the "boating phase" and is now consumed by woodworking.

"I find that to be relaxing — to use my hands more so than my mind in my off hours," says Morgan, who vacations in the North Carolina mountains and Europe. When he's not running the bank with deposits of \$150 million, he finds time for the Palm Beach Community Chest, Palm Beach Community Foundation and the Palm Beach County Chamber of Commerce.



Tom Keresey

After 16 years on Wall Street and eight years in industry, Tom Keresey was encouraged to move to Palm Beach by Palm Beachers such as Bill Cudahy and Wiley Reynolds.

They invited Keresey, who married Palm Beach native Anne Sory, to be senior vice president of the First National Bank's Trust Investments. In 1976 Keresey accepted the invitation. He has been president and chief executive officer of the bank since 1978.

"The old phrase that Palm Beach is God's most beautiful waiting room is not true. The place is getting younger, not older. It's an ideal combination of business activity and being energetically involved and busy while living in an idyllic environment," says Keresey.

Keresey has seen the bank's assets grow from \$227 million in 1978 to \$520 million in 1984.

He enjoys being involved in the community, something he didn't have time for as a New York commuter. He's associated with Good Samaritan Hospital, the Palm Beach Civic Association, Palm Beach Day School, Palm Beach Round Table, Palm Beach County Community Foundation, Chamber of Commerce of the Palm Beaches, Quebec Labrador Foundation and the National Board of the Smithsonian Associates.

Kersey also plays tennis and golf, swims and enjoys fishing in the islands. He tries to schedule social events so they're not overwhelming.

"My favorite hours are spent staying at home with my family doing nothing," Keresey says. Born in New York City, Keresey is a graduate of the Hotchkiss School and a member of the Yale University Class of 1953. He also studied at Columbia University.

As a child, Keresey spent summers in Montana, where his mother was the daughter of a prominent mining executive. Until recently, the Kereseys and their four children had a home in Montana, but sold it so they would have more freedom to travel.

They've been to South and Central Americas, China, the Far East, Europe, Spain and Portugal.

They Build Your Shopping Malls



Murray Goodman

Murray Goodman's projects, such as the Esplanade shopping center on Worth Avenue and Phillips Point on Flagler Drive in West Palm Beach, are highly visible. But friends describe Goodman as a private, family man.

Goodman, 59, and his wife Joan — who owns The Purple Turtle children's shop — like to entertain formally at their Palm Beach mansion. The birthday parties they give their two sons are legendary among local children.

Born in Bethlehem, Pa., in 1925, Goodman was a child of the Depression. His father worked in coal mines while his mother tried to win prize money doing song and dance routines in talent shows. Goodman graduated from Lehigh University with a degree in business administration, according to published reports.

He began work as a general

contractor and progressed to gas stations and supermarkets, convenience centers and regional malls. To date The Goodman Co. has constructed at least nine regional malls and 30 or more convenience centers in Pennsylvania, Ohio and New Jersey.

Goodman has achieved much by working hard and long, but not without a few headaches. Local opposition to the recently-completed Phillips Point high-rise office and retail building is not the first he has known. He's battled citizens' groups in Lehigh County, Pa., where residents fought a proposed shopping center in their neighborhood. Goodman won.

In 1982 Goodman moved the executive offices of The Goodman Co. from Allentown, Pa., to West Palm Beach. The firm now has offices at the Esplanade and Phillips Point.

For relaxation Goodman likes to watch movies in his home viewing room. He has more than 500 films and especially favors Laurel and Hardy, Alfred Hitchcock and Humphrey Bogart.

Goodman is on the board of directors of Good Samaritan Hospital, a trustee of the Allentown Art Museum, a member of the Juvenile Diabetes Foundation, on the national board of directors of Cities in Schools and a trustee of Lehigh University.



Edward J. DeBartolo

At 13, Edward J. DeBartolo was at work building curbs and drive-ways. He learned the stonemason trade from his Italian immigrant stepfather, Michael DeBartolo. His father, Edward J. Parnessa, also an immigrant, died before he was born.

Today DeBartolo is the owner or developer of more than 50 malls and shopping centers around the country, including the Palm Beach Mall and the new Boynton Beach Mall.

The 74-year-old DeBartolo, whose personal fortune is estimated at between \$500 million and \$1 billion, still goes to work every day and never takes a day off. He spends a lot of time flying around in one of his airplanes looking for more places to build.

His mother believed in higher education, and the family saw to it that DeBartolo graduated from the University of Notre Dame. DeBartolo, a registered civil engineer, opened his first shopping center in 1949. Within three decades he had developed more than 60 million square feet of major shopping centers and enclosed malls. He owns

the projects he builds and is one of the nation's largest landlords, according to information from his company's headquarters in Youngstown, Ohio.

DeBartolo and his family are believed to be the nation's largest single investor in sports enterprises. They own three racetracks: Balmoral Park, Chicago; Louisiana Downs, Shreveport, and Thistledown Racing Club, Cleveland. They also own a soccer club, a hockey franchise, and the San Francisco 49ers.

He Turns On Your Lights



Ted Moffett

Ted Moffett doesn't need electricity to pursue his favorite hobby — sailing in the 40-footer he keeps docked in Miami. Most of the time, though, Moffett's energies are directed into making sure 1.2 million South Floridians have electricity.

The vice president of Florida Power and Light in charge of Palm Beach, Martin, St. Lucie, Indian River and Okeechobee counties, recently celebrated his 35th year with FP&L. He started as an engineering clerk in 1950 and has never worked anywhere else.

The Charlotte, N.C., native, whose father was in the chain store business, moved to Miami in the ninth grade and graduated from Miami Senior High. Armed with a University of Miami degree in electrical engineering, he began working in Miami where he lived until 1972. That year he moved to Cocoa Beach to be manager of the north central division. In 1977 he came to West Palm Beach.

Moffett and his wife Patsy, a substitute teacher, have three grown children and one grandchild. They live in a West Palm Beach lakefront condominium.

"I've had a very satisfying career. I've even climbed poles," says the 58-year-old Moffett.

Moffett's work day begins at 7:30 a.m. and can stretch into the evening hours when he gives speeches and attends social and

business functions. The long list of community involvement includes the Rotary Club of West Palm Beach, Tuscawilla Club, Forum Club of the Palm Beaches, United Way of Palm Beach County, Arthritis Foundation, Business Inc., First Federal Savings of the Palm Beaches, and the Gulf Stream Council Inc., Boy Scouts of America, Cities in Schools and the Northwood Institute.

Moffett wouldn't mind climbing even higher in the FP&L hierarchy and says, "At the top, there's more pressure than ever. The higher you go, the more people you work for. You must support all the employees you work for."

He oversees 1,600 employees and copes with stress by surrounding himself with knowledgeable people. A supportive family has played a large part in his success. When a hurricane hits, they might not see him for days, Moffett says.

His Products are Out of this World



Benjamin Friedman

Benjamin Friedman, president, founder and chairman of the board of Solitron Devices, Riviera Beach,

is a self-made man who never went to college.

Today the street-smart boy from Fifth Street and Avenue C in lower Manhattan jets across the globe negotiating with governments from China to Yugoslavia and Argentina. Solitron amassed almost \$47 million in sales this past year.

"We're a special high technology facility with expertise in every facet of the chip industry. We're on every satellite and missile built. We're the No. 1 supplier to Hughes Aircraft, IBM, AT&T, Motorola, RCA and Westinghouse," says

Friedman, who has lectured at the Wharton School of Business.

Friedman, the son of a carpenter, was so busy shining shoes and doing other odd jobs in high school, that he rarely attended class, but had the 14th highest score on the New York State High School exam.

After serving in the merchant marines, he joined what he calls the "5220 Club" — 52 weeks at \$20 a week with Philco. After he learned that the 3 lbs of aluminum in a \$28 television antenna cost \$1.80, he began manufacturing antennas in New Haven, Conn., using ex-convict labor.

He sold that business and began manufacturing electrical wire. He later liquidated that enterprise and became a Wall Street commodity broker. While a sales manager with Mitronics Inc., he became interested in the semiconductor business and in 1959 opened a 4,000-square-foot plant in White Plains, N.Y., with three employees. By 1965 Friedman had purchased the former Honeywell plant in Riviera

Beach. Today Solitron has 1,500 employees in Florida, California, New York and Germany and last year opened a new 150,000-square-foot facility in Riviera Beach.

At 63, Friedman says, "We have a new project every day. We're a high-reliability job shop."

Friedman's life is his work, but he likes to travel, and to play tennis and golf. And, he likes to dance. A widower, he goes out to dinner with customers and turns in early at his Jupiter condominium. One son is in the business, another is a stock broker, and his daughter wants to be a veterinarian.

"My hobby is helping people," Friedman says.

He built a school in Israel for Yemenite children and, closer to home, is putting in a public day care center in part of the old Riviera Beach plant.

They Fill Your Closets



Jean Feather

The hustle and bustle peopleoriented atmosphere of a department store is what drew Jean Feather into the business.

"I've never had a boring day," says the widow who has managed the Worth Avenue Saks Fifth Avenue for the past three years. Ms. Feather grew up in Mishawaka, Indiana near South Bend. Her father worked for Uniroyal.

She always loved clothes, and her first job during high school was in the personnel department of a store. After receiving a business degree from Indiana University, she interned at the Indianapolis department store L.S. Ayres and Co. and stayed there six years, becoming an assistant buyer.

Eventually, she became a department manager in designer apparel with Saks in Chicago, then spent five years with I. Magnin before returning to Saks in merchandising. In 1979 she became manager of the Saks in Palm Springs, Calif., and in 1982, came to Palm Beach.

"My favorite thing is the beach. But the only day I have to go there is Sunday," says Ms. Feather, who vacationed in Palm Beach before moving here.

Spare time is spent collecting early American antiques by going to garage sales and shops. Ms. Feather says she has been through "Country French," and wants to start collecting light, natural pine accent pieces.

With a Saks Fifth Avenue store opening next year at the Town Center, Boca Raton, the Palm Beach Saks faces even greater challenges.

"It's becoming a more competitive environment."

"Generally speaking, our customers are much more cosmopolitan and sophisticated than many of the Saks stores' customers. Our business is more seasonal. A great deal of our business is December through March. Our average sale is high compared to other Saks stores," Ms. Feather says.



Ivan Ward

Ivan Ward, born to a Bronx furrier's union leader and his wife, began his career with a wholesale fur manufacturer. From selling furs he progressed to being a fur field coordinator, to buying coats, suits and rainwear. In 1972 he left another large department store chain and joined Burdine's. In 1978 he came to West Palm Beach as manager. Today he's a vice president and director of the Burdine's in West Palm Beach and the one opening in Boynton Beach.

"It's the only thing I know. I love working with people, with young people. It's always challenging and different," he says.

Ward has few spare hours, but his wife Roberta understands the six-day weeks and 12-hour days. They met back when Ward was still in the fur market and she was an executive secretary.

The Wards live in Boca Raton with their 15-year-old dog that Ward says is a mutt. Their son is in college and their daughter is married and has one son.

Ward works out when he can and plays tennis. He likes to vacation in Carmel, Calif., which he describes as "heaven."

Competition is greater than ever in retailing, as more northern stores enter the South Florida market, Ward says.

"Competition is good for you," he adds.

His civic involvement has included the United Way, Better Business Bureau and the Association of Retarded Citizens.

He Imports Your Exotic Cars



Rick Bastin

Traveling to Europe is a pleasant business necessity for Rick Bastin, owner of Gulfstream Motors Inc., West Palm Beach. He's attended Volvo meetings in Sweden and met with Mercedes-Benz officials in France.

When he's at home in Atlantis with his wife Mary Lee and their

children — ages 12 and 15 — he likes to relax. Occasionally he plays golf.

"You've got to get away from business. Usually, you're such a rotten golfer, it's a relief to get back to work," Bastin says.

Bastin, 42, was born in Greensberg, Pa., and moved to West Palm Beach when he was 8.

Gulfstream Motors began in 1946 as a Studebaker agency. In 1957 Bastin's father Ernest became a partner of founder John Pettit. In 1969 the older Bastin bought the dealership, and now Bastin is buying it from him.

Bastin worked in the business during his years at Forest Hill High School in West Palm Beach. He then attended college at The Citadel, Charleston, S.C. and received a master's degree in business administration before serving three years in the United States Army.

Due to the popularity of Volvos ands Mercedes and the area's growth, Bastin is busy expanding the company's facilities. As a result, Volvos will soon be sold a half a mile west of the building on Okeechobee Road.

Although there are other Volvo and Mercedes-Benz dealers in nearby counties, Gulfstream is the only new car dealer carrying the two makes in Palm Beach County. Sales of approximately 300 Mercedes, 350 Volvos and used cars total \$18 million a year.

Bastin, a board member of the South Florida Automobile Dealers Association, says his biggest frustrations are employee problems and providing the best possible service.

She Moves You Up or Down



Martha Gottfried

Just 10 years ago Martha Gottfried opened her own real estate office. Today the firm has 90 sales people and is one of the top two in Palm Beach County.

"It's even incredible to me," says Mrs. Gottfried.

Mrs. Gottfried grew up in a family of four children in Evans-ville, Ind., where her father was in the electronics business. She majored in business at the University of Evansville.

After working for a pharmaceutical company for 12 years and attaining the post of administrative assistant to the president and chairman of the board, she decided to move to Florida.

"I came here in 1968 for the sea and the warm weather. I had vacationed in Delray Beach," Mrs. Gottfried says.

She worked off and on in office management jobs, and eventually went to work for Robert Gottfried, a Palm Beach builder. The two married, and she worked for his firm for four years, learning the construction business from the bottom up. Gottfried, who had arrived in the Palm Beaches around 1955, put her to work as a liason between the owner, architect, decorator and builder.

"I had my real estate license, but I didn't use it. I became bored and decided to open my own real estate office," Mrs. Gottfried recalls.

Her goal was to break even in

two years, but the firm was successful from the start.

Mrs. Gottfried attributes her success to the high-quality employees she attracted and the quantity of advertisements she runs.

"I'm here all the time. I'm actually running the company. When you like what you're doing, it's easy to spend a lot of time," Mrs. Gottfried says, adding that she occasionally does some selling herself.

"I swim a little, but there's not much time for relaxing," she says.

She also owns Gwen Fearing Real Estate and has an office in New York. She says she can't estimate the number of million-dollarplus houses her firm has sold, but says, "Almost everything we do here is over a million dollars."

The Gottfrieds live in the north end of Palm Beach. Their home is furnished in an eclectic style, and some antiques were selected during travels to Europe. The Gottfrieds especially like Lake Como and Rome, Italy.

He Makes Your Telephone Ring



Bill Burson

Bill Burson was a frustrated Miami Beach hotel employee when he saw a newspaper advertisement for a job with the telephone company.

He took that first job as a mail boy, and 34 years later is chief of Southern Bell's district from Sebastian to Boca Raton. When he accepted that lowly position back in 1951, his plans were to save enough money to return to his former hotel job in Washington, D.C. Instead, he quickly moved through the ranks of the phone company after spending a year as a pay phone collector in Miami and Fort Lauderdale.

Although Burson had a business degree from Robert Morris Business School in Pittsburgh before his climb to the top, he stresses, "Degrees are not everything. You've got to have ambition and good common sense."

Born in Washington, Pa., in 1926, Burson is the son of an automobile dealer, but decided against that business.

"At times I wish possibly I had made a different decision," he says. His biggest problems right now are dealing with divestiture and educating customers about the changes.

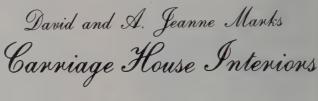
"With the growth, it's difficult to let people know we're here," Burson says.

Burson, who commutes from Boca Raton to West Palm Beach, and his wife Mary have three children and five grandchildren.

"When I have some free time, I like to try to play golf. I'm a terrible golfer. I enjoy fishing, especially in Stuart, and working out in the yard," Burson says.

Burson is heavily involved in civic activities such as the Boca Raton Chamber of Commerce, Boca Raton Crime Watch, Boca Raton Humane Society, Florence Fuller Child Care Center, West Palm Beach Rotary Club and more than a dozen others.







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'West Palm Beach is a growing city which has managed to retain much of its small-town Florida flavor . . . '

West Palm Beach Part II



By H.J. Smith/Photos by Donna Turner

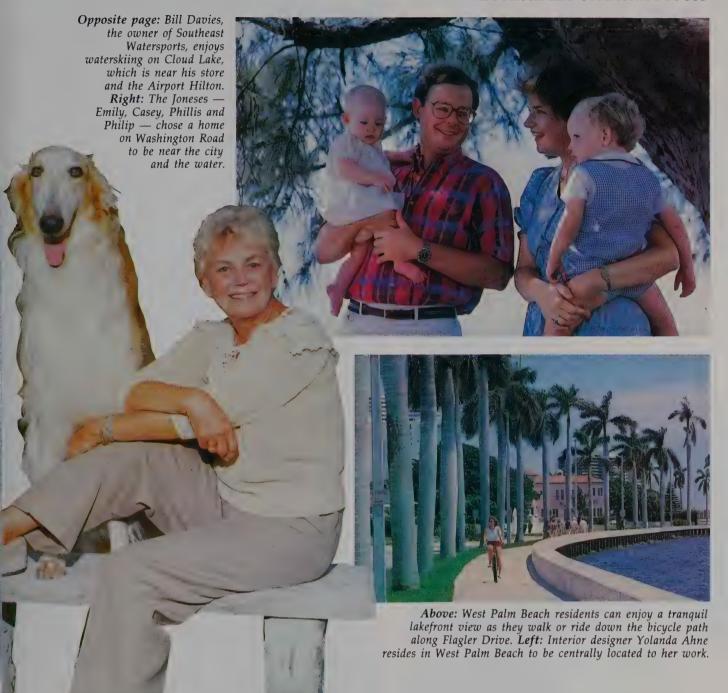
Phillis and Walter "Casey"
Jones, both 30, met while
high school students in Miami and married before Casey went
to law school in Alabama. They
now live in the south end of West
Palm Beach. Casey is a trial lawyer
with the firm of Reid & Ricca, and
Phillis — a journalist by profession
— spends most of her time with

Philip and Emily, their two young children.

After Casey's graduation from law school the couple wanted to return to South Florida. Today, they are very happy living in West Palm Beach.

"Casey works on Palm Beach Lakes Boulevard, so that's a short drive. We're only three houses away from the lake, so I can take the children for walks along Flagler Drive. There's even a little beach on the lakefront nearby where we can play," said Phillis when asked why they chose to settle in West Palm Beach.

The Jones' Washington Road home is an older, Spanish-style house that is in the midst of an



extensive renovation. Out back is a garden and shade house with more than 30 varieties of orchids. They both enjoy do-it-yourselfing in the yard and around the house, Phillis said, and, most important, there is room for their growing family.

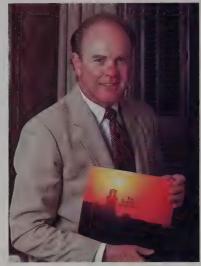
"It's a real family neighborhood. There are sidewalks, and not too much traffic, and the neighborhood just has a good feeling to it," Phillis explains.

Frank Cardo is a single, 26-year-old commercial real estate appraiser for Anderson & Carr Inc. He lives in the Northwood section of West Palm Beach in an old plantation-style house that he, too, is renovating. Its location is convenient to his downtown workplace, and the house was inexpensive when purchased two years ago — a fact he hopes will, in turn, net him a hefty profit when he decides to sell.

"Right now, this is an excellent area of the country for someone in my profession. All you need to do is look around and you see the commercial strip centers and office buildings going up all over town. Investors are pumping a lot of money into this area," Cardo said. "I keep busy as an appraiser. This is a good place for me to learn my job, and make money."

Yolanda Ahne is an interior de-

Right: Breakers West, a country club community of single-family homes in suburban West Palm Beach, is billed as an extension of The Breakers hotel in Palm Beach.



Right: Stayton
Addison, president
of Flagler Systems,
says there will
be a strong
demand in West
Palm Beach for more
quality communities.



Above: Union Square, a row of renovated single-family homes, is the first phase of an urban renewal program in West Palm Beach. Right: Frank Cardo, a commercial real estate appraiser for Anderson & Carr Inc., is renovating a house in the Northwood section of West Palm Beach.







Above: Richard Madigan, director of the Norton Gallery and School of Art, stands with Young Worker, a startling sculpture at the Norton.





Above: A spectacular Balloon Regata is held as a fundraiser for the South Florida Science Museum and Planetarium. Located in Dreher Park, the museum strives to interest more people in science.

signer with a firm based in Boca Raton, but lives in the Lakeside Green planned community in West Palm Beach. The location, she said, allows for an easy drive to her ongoing projects in such locations as Jupiter, Boca Raton, Palm Beach and Wellington.

"I simply love it here," she said. "I've been in Florida 10 years,

and I really looked before I bought here. The people in this community are a mix of young professionals and retirees, and everyone is friendly...and West Palm Beach is growing culturally, in the arts. These are the things that are important to me."

Certain trends become immediately apparent when people are

Looking Back

he growth of West Palm Beach can hardly be examined without as close a peek at Palm Beach's history. The symbiotic relationship of a sprawling city and exclusive enclave starts with Henry Morrison Flagler.

The Royal Poinciana Hotel was the jewel of several hotels Flagler built as he developed the east coast of Florida — one railway stretch at a time. He saw in the hotel, and in the tropical paradise upon which it was built, the potential for an exclusive resort to cater to the whims of the nation's wealthy.

Flagler's foresight later proved to be 20-20, but in 1894, the year the Royal Poinciana was completed, a minor problem blocked the achievement of his goal.

It took more than 1,000 laborers nine months to build the 554-room Royal Poinciana — at the time, the largest wooden structure in the world. While work on the hotel was in progress, the laborers lived in a "shantytown" on the island known as The Styx.

Flagler knew that the type of people he was hoping to attract to his hotel would shy away from mixing with the rugged laborers who lived on the island. A year earlier, Flagler purchased 80 acres across the lake and laid the site work for the commercial city he envisioned would serve his resort isle — an acreage that would be called West Palm Beach.

Accounts vary among historians and plain old yarn spinners as to how Flagler managed to get the laborers to move. Some say he "requested" that all 1,000 men migrate

across the lake; others say he "ordered" it. Another story recounts that while Flagler threw a big party for his workers to celebrate the completion of the Royal Poinciana, The Styx mysteriously burned to the ground.

Whatever his methods, Flagler's workers bought up the lots in West Palm Beach and a city quickly developed.

In 1894, the city of West Palm Beach was incorporated; O. W. Weybrecht built the city's first hardware store, a 12-by-20-foot structure; the city organized its first fire brigade and the lumber company of George W. Potter and George Lainhart was delivering lumber as fast as it came off the saws.

Two years later, the first of two major fires in the city's early years broke out in the Midway Plaisance Saloon and destroyed most of the city's business district.

They rebuilt.

Also in the early days, brothers A.P. and E.D. Anthony and their West Palm Beach shop would introduce fashion trends that would become givens in the Palm Beach lifestyle. They were the first to introduce the straw hats and white shoes that still can be seen today.

Over the next 30 years, the city grew quickly. The busy downtown district grew busier, and the city's residential areas spread north and south. The arrival of the Roaring '20s brought with it the Florida land boom, and the West Palm Beach skyline soared with two new eightstory skyscrapers.

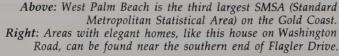
The Banyan Street area — the Continued on page 71

Right and below: The city-run Dreher Park
Zoo covers 25 acres. In addition to
sheltering animals and birds, it has nature
trails, picnic areas and botanical gardens.











asked why they live in West Palm Beach. Employment opportunity seems to be the main reason. No other city in the county has the concentration of light industrial areas. As the seat of county government, West Palm Beach offers a wealth of state and municipal civil service jobs. Its proximity to

wealthy Palm Beach attracts lawyers and bankers, who in turn hire secretaries, clerks and other support staff.

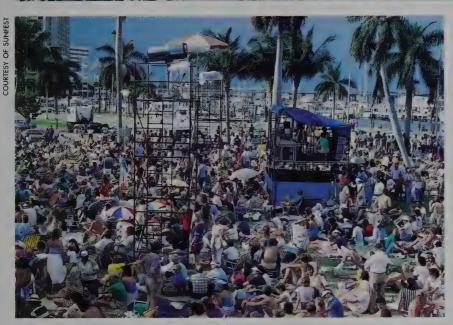
The city, though an urban locale and the third largest SMSA (Standard Metropolitan Statistical Area) on the Gold Coast, is not as deeply mired in the inner-city prob-

lems — crime, snarled traffic, expanding ghetto blight — that beset Miami and Fort Lauderdale. West Palm Beach is a growing city which has managed to retain much of it's small-town Florida flavor — a frail balance indeed.

West Palm Beach has the restaurants and clubs, the theaters and



Left: An aerial view of West Palm Beach.



Above: During SunFest, a three-day celebration in May, the downtown waterfront is closed to traffic while West Palm Beachers enjoy arts, crafts, jazz, food, dancing and boat races.



Above: The Palm Beach Mall, which is planning a \$15 million renovation and expansion, is in close proximity to West Palm Beach's "Restaurant Row."

the galleries, and the other "extras" that put the spark in city living. There are two repertory companies. A greyhound track and the jai alai fronton offer seasonal parimutuel contests. Two major-league baseball teams, the Atlanta Braves and the Montreal Expos, hold spring training at the municipal stadium.

The West Palm Beach municipal auditorium has played host to events ranging from the New York City Ballet to female mud wrestlers to Jehovah's Witnesses conventions.

Two yearly festivals - Sun-Fest and the Palm Beach Festival of the Performing Arts — offer an ar-

ray of activities for any cultural penchant. The Palm Beach Festival, now entering its eighth season, presents such giants of the cultural world as Itzhak Perlman, Pinchas Zuckerman (solo and as musical director of the St. Paul Chamber Orchestra), the New York City Ballet,

Continued on page 68







Jewel Tones to Treasure

Nipon for Fall

By Betty Yarmon/Photos by Kim Sargent

he Nipon fall collection offers lively looks that have ladylike charm. Bodyhugging shapes, gently sloping shoulders, shorter skirts and

textured tops distinguish Pearl Nipon's designs.

Rich, brilliant colors in jewel tones are featured in the Nipon color palette. An assortment of reds, greens and blues are played against black.

And, when the sun goes down the emphasis turns to black in the form of short, kicky dresses that

Left: For an engaging schoolgirl look — a silk dress that has a pleated skirt, blouson bodice and matching hat. Above left: A short satin dress with bands of black velvet around the midriff and down the front. The matching hat adds sophistication.

Above right: A bright blue angora sweater, with black pailettes, that can be worn during the day or at night.

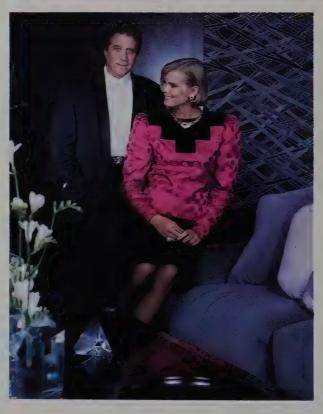
Below: Photographed in front of a Don Sorenson painting — a black point d'esprit cocktail dress with a velvet midriff and a tiered skirt. Right: Perfect for fall — a white wool dress that is pleated down the front and trimmed with gold buttons. Pearl Nipon specially designed the white wool hat.



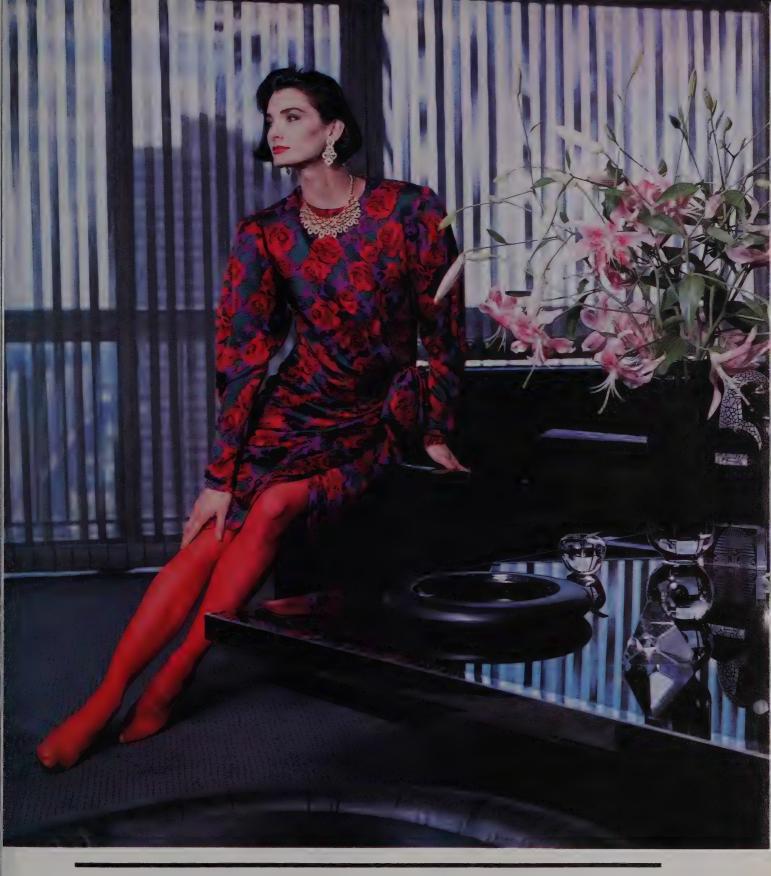


Above: Charming, soft and versatile — a black angora sweater with shiny pailettes. Right: The Kenzo tuxedo worn by interior designer Michael de Santis goes well with this two-piece cocktail dress. The dress has a black velvet skirt and the fuchsia silk brocade bodice is trimmed with matching velvet.





Opposite page: A
bold rose print
and broad
shoulders give this
satin side-wrap
dress definition.



lend themselves to be worn with plenty of magnificent jewelry.

This month's fashions were photographed in Michael de Santis' lofty tower apartment. De Santis, who is one of the top

interior designers in the United States, has recently done work at Breakers Row, Turnberry Isle, Trump Tower and Museum Tower.

Especially designed for these fashion pages, the jewelry shown

here is made of rare gems by Elaine Yugler of New York.

The Nipon fall collection is available at Bloomingdales, Bonwit Teller, Jacobson's, Neiman-Marcus and Saks Fifth Avenue.

Below: An African motif adds style to a comfortable Florida vacation home designed by Robert Shaw A.S.I.D.



A VACATION VILLA Safari Style



By Doris Kidder Johnson/Photos by Steve Sanacore

alm Beach designer Robert Shaw created this casual villa to complement the owners' collection of African art and artifacts, and to satisfy the client's need for "a place where everyone, including the grandchildren, can be at ease and enjoy themselves,"

Shaw has been designing from his Palm Beach office for more than

12 years and is a member of the American Society of Interior Designers (A.S.I.D.) and a professional affiliate member of the American Institute of Architects (A.I.A.). He began this project with structural changes to create an indoor-outdoor loggia, a multi-purpose dining area and ambient lighting. He mixed wicker and teak furnishings

with natural cottons and raw silks to enhance the casual atmosphere and the African theme. Decking was added in the loggia, serving as an extension of the kitchen, dining and living rooms.

The owners, Mr. and Mrs. Sydney Jarkow, have an apartment in New York City and a home on Long Island where they spend most



weekends with their children and grandchildren. "Our interest in Africa began with a safari more than 30 years ago," says Sydney Jarkow, a leading authority on African tribes and their mores. Since then, his interest in the people and their customs has led him to at least 16 African countries.

Jarkow is chairman of the

South American division of the Anti-Defamation League (A.D.L.) of the B'nai B'rith, but is often sent on missions to African countries because of his expertise.

The Jarkows selected a small assemblage of carvings, artifacts and trophies to establish the theme of their Florida vacation home. "Bob captured the feeling and the

style we wanted," they said, "a place where we can kick off our shoes and feel at home."

Shaw is pleased with the project and his clients. "Once the major decisions were made," he says, "the Jarkows placed their trust in me which always makes a project more enjoyable, and I think more successful."









Top: Loggia furnished with wicker and teak is a casual extension of kitchen and living areas. Above: A view of the master bedroom from across the pool area.



mericans finally have discovered that cheese is one of life's good things, to be savored in more ways than between two slices of bread or sprinkled over spaghetti.

Imported cheeses have become so popular in the United States that American cheese artists are copying European originals. Goat cheese is "in" — and much of it is being made here.

The increasing demand for feta, the cheese which is so essential to Greek cookery and long popular, now is being produced in Wisconsin. Feta is traditionally made of goat's or sheep's milk, but most of the cheese for the American market is made of cow's milk.

Cows could not survive in the rugged mountain terrain outside of

cheese plant on the Wolf River in Weyauwega, Wis."

Help was requested from abroad to learn the European manufacturing methods. "We flew in experts from Greece. It really took quite a while to get it right. It wasn't as easy as we imagined," Davidson said, adding that they finally hit on a formula they felt would appeal to the American consumer.

The cheese is made with fresh Wisconsin milk — no more than 24 hours old. According to Davidson, the Danes were the first to use cow's milk in the production of feta. "Their milk supply is so ample that they export feta to Greece."

The Churny feta process begins every day at 4 a.m. when the cheese vats are filled with milk to start the process. Once the curd be-

Churny Company, now the leading supplier of feta cheese to American supermarkets, was acquired by Kraft Inc. in 1983. The plant still is run by Davidson, who is president of the company.

Feta is a semi-soft cheese that is enjoyed simply cut into cubes and savored with olives. It is essential to the Greek garden salad but it also is used to accent other salads. Feta is favored in Mediterranean cuisine as a cooking cheese.

Feta takes to phyllo, the tissuethin dough that resembles strudel dough. Baked cheese triangles are filled with a feta and cottage cheese or feta and spinach. Or make a spinach and feta cheese pie known as spanakopitta.

The secret to a Greek salad is to dry the greens well.

FETA CHEESE

A Savory Addition to Salads, Appetizers and Entrees

By Rosa Tusa



ROSA TUSA

Athens, Greece, where shepherds originally made feta. They used the milk from sheep or goats and preserved the cheese in a brine solution, which contributes to the characteristic salty, tangy flavor of feta.

Bert Davidson, a cheesemaker and leading expert on feta in America, got his inspiration to manufacture the product appropriately while visiting the Greek islands with partner Paul Peters. "We were drinking wine, eating black olives and feta and enjoying the sea air one evening when we decided that together we could produce an equal or better feta at our little Churny

comes firm and the whey is drained off, the blocks of feta are rubbed, by hand, with fine flake salt and left to cure overnight.

When the feta is fully cured, it is immersed in a brine solution, where the flavor is allowed to develop. Throughout the processing a high acid level is developed in the feta to produce the "bite."

Packaging the feta in a fluid solution also enhances the product's shelf life keeping it soft and porous and easily crumbled. "Because of the high acid level in the cheese no preservatives are needed." Davidson said.

GREEK SALAD

- 1 head romaine lettuce, in bitesize pieces
- 3 or 4 tomatoes, (depending on size) cut up
- 1 onion, thinly sliced
- 1 cucumber, peeled and sliced
- 1 green bell pepper, seeded and chopped
- 1 cup black imported olives
- 1/2 pound feta cheese, sliced or cut into chunks or crumbled

Canned anchovies (optional)

Wash, dry and chill vegetables. Make a dressing using 3 parts olive oil to 1 part vinegar. Add a good Continued on page 66

Cubed or crumbled, feta cheese is a delicious addition to many dishes. Left: Islander Feta Chicken is a hot entree featuring a topping of crumbled feta cheese and a feta-flavored rice. Mediterranean Orange Salad is tossed with mandarin orange slices and cubed feta. Above: Feta Cheese Pie made with light-as-air strudel.

3.0

According to the April 1, 1980 census count, 1,687,573 people age 65 and older lived in Florida. The Bureau of Economic and Business Research at the University of Florida predicts that by the year 2000 that number will increase to 2,917,870.

2.5

Florida Statistical Abstract.)

(Statistics obtained from the 1984

2.0







54 Palm Beach Life/September 1985



Making Independence Last

By Carol Cioe

ne out of every five older Floridians finds death preferable to life in a nursing home. When Florida State University (FSU) researchers gave us that statistic earlier this year it was startling, yet few among us would disagree with that choice.

The definitive movie about old age would require two screenplays, each widely different in tone. There is the romance of dignified retirement — a couple robustly healthy, though slowed a bit, elegantly facing their final years with the wisdom gained from a full life — "On Golden Pond," if you will. But looming also is the horror of frailty and dependence — the stooped, sickly woman, alone and forgotten, unable to feed herself and so she starves to death — see the six o'clock news in any big city.

Income level often has little to do with the scenario. Consider this scene witnessed recently:

She wore a tattered, dirty cotton housedress and carried a white plastic supermarket bag slung on her wrist the way she carried a purse years ago. She bought nothing in the store except a case of cat food. A checkout clerk sprayed the counter with a disinfectant after she left.

This woman is among the 75 percent of older Americans who live in their own homes. Hers happens to be in Palm Beach County.

Given the choice, most people want to live independently as long as they can manage for themselves. Studies show that people forced to live in environments where decision-making power has been taken away from them have more illnesses and die sooner than those who have control over their lives.

But what is there for older folks not in the best of health, or for those who want a little security? Is there an alternative to moving in with the children or into the dreaded nursing home?

For an increasing number of Americans the answer is "life-care" — an industry with so promising a future that one large South Florida developer, the Radice Corp. of Fort Lauderdale, plans to bank nearly half its efforts in that area.

Illustration by Rebecca Barbier

In a life-care, or continuing care, community, residents receive a high level of personal service — amenities that might include housekeeping, laundry, meals and transportation. Medical attention is available when needed. Many developments offer separate nursing home facilities at minimal or no extra cost, while others simply have nurses and doctors on call to handle emergencies and monitor residents' health.

According to the U.S. Census Bureau, the "maturity market" is growing faster than any other. More than 5,000 Americans celebrate their 65th birthday every day. In 1970 there were 20.1 million Americans aged 65 and older. In 1983, the number grew to 27.4 million — a jump from 9.9 to 11.7 percent of the total population. The figures for Florida are more staggering. Some 831,000 people over 65 live here year-round, more than three times the 1960 number and now more than 17 percent of the population.

About 2 percent of Florida's older residents (.1 percent nationally) have disabilities or illnesses that require them to have full-time medical care. But of the remaining 98 percent, nearly half questioned by FSU researchers said they needed or wanted some kind of help with their day-to-day living.

"A lot of these people have already bought their big house. They've enjoyed their money and they're willing to trade all that for three or four more years where they can live independently," according to Charles Longino Jr., director of the Center for Social Research on Aging at the University of Miami. "The majority of older people may be living in their own homes, but that doesn't mean they're living well. The majority would like to have their independence and have their environment match their needs better.'

Those social changes have not gone unnoticed by businessmen in the construction industry — particularly in Palm Beach County,



The 26-acre Abbey Delray complex is an example of everything life-care can be with facilities ranging from an exercise room and crafts shop to a 100-bed nursing home.

where older residents have the highest median income in Florida.

The number of life-care developments tripled nationally in the last decade. Of the dozen operating in Palm Beach County, seven have opened since the late '70s, primarily in the south end of the county



Abbey Delray residents Virginia and Edward Seaton like the community's financial management and medical facilities.

where the majority of retirees live. Two new communities are scheduled for occupancy this fall — the Horizon Club (Radice) in suburban Lake Worth and Harbour's Edge (Life Care Service Corp.) in Delray Beach — and several more are in the planning stages.

"We expect as much as 40 percent of the company's profits will

come from life-care," said Radice spokesman Tim Lewis. Radice is a developer of adult communities and commercial properties in several states, but the Horizon Club is its first venture into life-care. "We plan on opening a lot of these Horizon Clubs throughout the country. And we expect them to fill. There's such a great need."

The county's two newest communities are evolutions from tradition in the marketing of continuing care facilities. These changes were brought about in part by the costliness of nonrefundable entry fees and the desire of retirees not to permanently tie up capital in their residence. The concept behind the Horizon Club is so new that several state agencies were initially confused over which was responsible for overseeing the development.

Most life-care communities issue life-care contracts in exchange for hefty endowments (entry fees), forfeited when the resident leaves the community. Residents also pay monthly maintenance fees. But the Horizon Club eliminates the entry costs, charging only monthly rents from \$1,025 to \$1,525 (\$300 additional for a second person) and freeing residents to invest their capital elsewhere. Leases on the 170 units range from one to three years.

Included in the rent are a round-the-clock health service with a nurse on duty and a doctor on call

for emergencies, one daily meal, weekly maid and housekeeping service, scheduled local transportation and full use of the club's recreational and social facilities, swimming pool, putting green and gym.

Life Care Service Corp., developer of Abbey Delray, is offering a "return of capital" plan for residents of luxurious Harbour's Edge. Entrance fees for the 153 one- and two-bedroom apartments on the Intracoastal Waterway range from \$152,000 to \$416,000, but are refunded 100 percent when a resident leaves the community or dies. In the latter case, the sum is forwarded to his estate.

Harbour's Edge amenities include sweeping views of the water, a terrace dining room serving three meals a day, a bar for evening cocktails, indoor and outdoor steam baths, heated swimming pool, sauna, steam room and exercise room. Access to a separate health center, which provides emergency medical treatment and long-term residential care, is included in the monthly maintenance fee of \$934 to \$1,142 (\$415 additional for a second person).

Horizon Club and Harbour's Edge apartments feature computerized emergency call buttons to alert medical personnel to emergency situations.

"At the Horizon Club our residents won't have to call their kids every time they need to go shopping or to the doctor," Lewis said. "We'll check on them to see if they took their medicine as prescribed. They'll always have companionship if they get lonely. Yet they'll still have financial independence—they get to hold on to the money they made selling their house and invest it someplace else."

Residents at Abbey Delray attest to the high level of service provided by Life Care Service of Des Moines.

"The medical facilities here are the best," said Anna May Bindemann, 89, from Huron, Ohio. Mrs. Bindemann and her husband moved into Abbey Delray two months after it opened in August 1979.

"We had been living in a condominium in Boynton Beach and then my husband got Parkinson's disease so we moved to the Abbey," said Mrs. Bindemann, who was widowed last year. "He received wonderful care for the four months he was in the medical center (the Abbey nursing home) before he died. During that time I broke my arm. They put us in the same room so we could be together."

Other residents are equally enthusiastic. "I spent 10 days in the medical center after an operation and my husband could just walk over to visit me," Virginia Seaton,

In a life-care, or continuing care community, residents receive a high level of personal service.

87, said. She and her husband moved to the Delray Beach community from Ashland, Ky., shortly after the community opened.

"We looked at retirement places all over the country and we always came back here," said Edward Seaton, 91, who retired in 1959. "A lot of the places we investigated took a lump sum payment at the beginning and then went bust. I liked the board of directors here. They're all well-schooled in finance and we felt entirely safe."

Like Mrs. Bindemann and the Seatons, Inez Beck, 83, moved to Abbey Delray with her husband because they knew people in the community. They sold their house in Tequesta a year ago. Meal times are the "best time of the day," she said, because people throughout the Abbey meet in the dining room and share stories.

Abbey Delray is one of 40 retirement communities Life Care Service has built and managed since 1961. The 26-acre complex consists of five three-story apartment buildings and seven quadruplex villas, which together make up the "independent living" section of the community. An administration building houses the dining room and library. Other buildings house an assembly room, pool room, exercise room, and arts and crafts shop. Central to the complex is a 100-bed nursing home where some beds are available to the general public. Nursing home care is covered by the residents' endowments, although residents who go into the center must pay for their own doctor and two extra meals a day.

Abbey Delray residents pay endowments from \$37,695 for a studio apartment to \$84,945 for a two-bedroom villa. Maintenance charges are \$540 to \$883 a month. In turn, they receive one meal a day, transportation to churches and shopping, movies, and a full bill of athletic and cultural entertainment.

Typically, for these continuing-care communities, Abbey Delray residents do not own their apartments. Also typical is the additional charge (\$285) for a second person living in the unit. If a resident dies within 50 months of initial occupancy of an apartment, the endowment fee will be reimbursed on a pro-rated basis. Otherwise, it is forfeited.

"Abbey Delray is run by one of the finest management companies in the country," according to Karen Torgesen, executive director of the Florida Association of Homes for the Aging. "Both my parents are deceased, but had she been alive, my mother would have loved that type of group living. On the other hand, it would have driven my independent father up the wall.

"As I travel around the state, I'm picking the places I would like to live when I retire," she said. Though she is far from retirement she believes in planning ahead.

Abbey Delray is a model for

Palm	Beach	County	Retirement	Communities
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Project	Location	Entrance Fee	Monthly Fee (2nd Person)	Home Units	Nursing Units
Abbey Delray	Delray Beach	\$37,695-84,945	\$540-884 (285)	360	100
Abbey Delray South	Delray Beach	\$42,900-99,000	\$618-1,067 (375)	288	60
Christian Manor +	W. Palm Beach	none	\$200-237 ++	200	none
Edgewater Pointe Estates	Boca Raton	\$43,000-109,000	\$560-717 (450)	360	60
Fountainview	W. Palm Beach	none	\$1,095-1,570 (255)	357	80
Harbour's Edge	Delray Beach	\$152,000-416,000	\$934-1,142 (415)	276	60
Heritage Park	Delray Beach	none	\$975-1,275 (300)	145	none
Horizon Club	Lake Worth	none	\$1,025-1,525 (300)	170	none
Lake Worth Towers +	Lake Worth	none	\$151-252 ++	195	none
St. Andrews Estates North	Boca Raton	\$36,000-101,000	\$560-717 (450)	284	120*
St. Andrews Estates South	Boca Raton	\$38,000-102,000	\$560-717 (450)	320	120*
Waterford	Juno Beach	\$40,300-172,000	\$554-1,181 (372)	307	60

⁺ These federally financed facilities house adults on low to moderate incomes.

everything life-care can be, but it is no coincidence that its developer and Radice Corp. chose less encumbering fee structures for their latest projects. Although the future of the continuing-care industry seems bright, clouds remain.

"If you go far enough back you find that retirement communities started almost as communes," Longino explained. "They were set up by religious, labor and fraternal organizations and nearly all had strong shared values associated with them." Giuseppe Verdi's home for retired opera singers in Italy, the Seamen's Home in New York City and, closer to home, Christian Manor in West Palm Beach are examples.

"As time went by and the older population gained in affluence, these communities began to develop as just nice places to live," Longino said. "It's really just since the Depression that the life-care community came to exist."

Regulation didn't begin to catch up with the industry for another 50 years. In the vacuum, a number of developers sold hope and security but failed to live up to their promises. Unscrupulous businessmen, often in clerical collars, preyed on unsuspecting old folks.

In a three-month investigation into life-care, Money magazine found that 40 continuous-care facilities went bankrupt or suffered severe financial setbacks since the 1970s. In its April issue, Money reported the case of an Alabama widow who traded her most valuable financial asset, a house sold for \$18,000, for a life-care contract in a community named Alabama Meadows. The development was never more than half built. None of the promised amenities ever materialized. When the maintenance fee was raised, the woman refused to pay and moved out.

The developers of Alabama Meadows may have fared worse than she, however. The Rev. Jimmy Ballard, a Baptist minister and Meadows founder, was convicted of securities fraud in 1981. His successor, Presbyterian minister Kenneth Berg, was imprisoned for securities fraud in 1984.

Ballard formed the nonprofit Christian Fellowship Foundation in 1975 and sold about \$2 million in bonds to clergymen and churchgoers to finance construction projects. The bonds were in default in 1978. He went to prison because he failed to disclose financial information to the bond buyers.

Berg, whom Money characterized as "a modern-day rogue, a Mark Twain character who could charm the elderly," sold bogus lifecare contracts for \$6,000 to \$9,000 promising unlimited medical care at Alabama Meadows. His crime was not selling contracts for nonexistent services, however. That wasn't illegal in Alabama - or Florida — before 1981. Where he went astray was in borrowing money from life-care residents. As a condition of his release from prison in 1984, he was required to repay the Meadows residents — but only those who loaned him money.

At one time, the Christian Fellowship Foundation owned John Knox Village of Pompano Beach. But village director John Wilson said the community severed its ties with the organization in 1978.

"Fortunately, we've had a good experience here since," Wilson said. "We are virtually filled. Our residents wait from six months to two years to get in."

Aside from unscrupulous management, life-care communities suffered financially when developers underestimated how much money would be required to run the community or overestimated how successful sales would be.

⁺⁺ Monthly fee does not include meals.

^{*} The St. Andrews projects share a 120-bed nursing facility.

What some people have to go through to get home.



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"The developer has to determine how long residents are going to live, how much medical care they're going to need and how many people are going to live there, and everybody's been wrong," Radice's Lewis said. "(Developers of rental communities) don't have to anticipate the amount of money we'd need to cover our expenses for 30 years."

"If a rental retirement residence goes bankrupt, it's like my apartment building that goes bankrupt. You may be inconvenienced, but you're not going to lose your estate, or a substantial amount of money," said Mrs. Torgesen of the Florida Association of Homes for the Aging.

But residents on a lease lose the security of knowing they will be cared for when their health worsens — the rental-based "retirement clubs" only provide for them while they are reasonably healthy, although Lewis said Radice is planning to add full-service health centers to the Horizon Clubs.

"It's in the initial years where the traditional life-care communities run into trouble," Mrs. Torgesen said. "The developers feel very rich — they have all that endowment money — and none of the residents need any services yet.

"If they're not careful and hold onto that money, they could run into problems 10 years down the line when residents will be in their 80s and 90s and need a lot of health care."

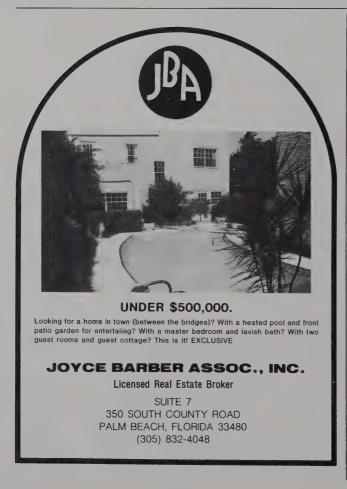
With initial legislation in 1981 and extensive revision in 1983, Florida has adopted life-care regulations that serve as a model for the rest of the country, she said. Abuses such as those reported in *Money* magazine would be subject to criminal prosecution, stiff fines and jail sentences under the Florida law. Medical care is regulated by the

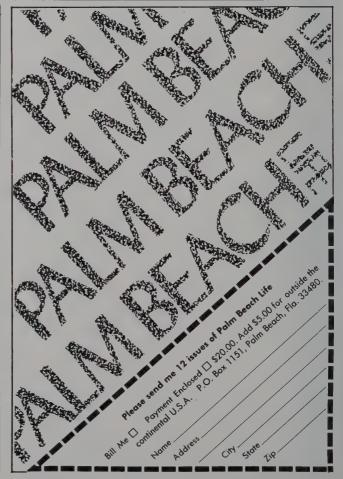
state Department of Health and Rehabilitative Services. The facility's financial health is monitored by the Department of Insurance.

The new law requires owners of life-care communities to hold three times the amount in reserve funds as the old law required. The equivalent of one year's debt service (the amount owed on principal, interest and taxes) and 30 to 40 percent of the community's annual operating expense must be maintained by the developer.

If the reserve falls below the legal level, an independent escrow agent appointed by the state to oversee the fund must immediately notify the Insurance Department. That agency reviews the books and, with the Governor's Continuing Care Advisory Council, devises a plan to put the community on firm financial footing.

To protect against overly optimistic developers, the statute





freezes construction until at least half the units are reserved with a 10 percent deposit. This ensures that, at least initially, the development will be financially successful, according to Mrs. Torgesen. Previously, developers could have their financing in place, build the apartments and not be able to sell enough life-care contracts to be profitable.

"We call this new provision 'the marketplace health planning process,' "Mrs. Torgesen said. "It's not the state saying who can build, it's who is successful marketing their product. We don't get a lot of facilities that open and are not able to pay their bills."

Most of the industry abuses have occurred when developers could use residents' up-front money — the endowment fees — to pay construction costs and bond underwriters' expenses before the community opened. If the development

went bankrupt early on, prospective residents lost their shirts.

Florida law protects that money in several ways. Developers cannot tap into endowments until half the units are reserved or 100 percent of their construction financing is in place. When that happens, only 25 percent of the endowment funds can be used. The remaining 75 percent is held in escrow until construction is completed, a certificate of occupancy is issued and lifecare contracts are sold for 70 percent of the units.

Even then, developers must reserve at least 10 percent of the endowments for six months to provide refunds for residents who want to leave. The statute orders developers to refund endowment money for up to four years after a resident buys into a community.

For an industry whose main selling point is the promise of security, the scandals of the last decade

were devastating, Mrs. Torgesen said. "The industry itself raced to the Legislature to correct abuses. Any facilities built in Florida since 1983 are under the stricter standards. I don't think you'll see many, if any at all, go bankrupt."

Older facilities have several years to meet the financial provisions of the law. But Mrs. Torgesen said residents of a community like John Knox Village, which has operated in Pompano Beach for 10 years, should feel secure in its proven track record.

"It's everything life-care ever promised," she said. "The only difference is the furniture is older. It's more affordable."

Sheila Mitchell, coordinator for the Long-Term Care Ombudsman Council in West Palm Beach, said life-care residents seem satisfied with what they're receiving.

"We don't generally get many complaints from these communi-

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ties, but then most are fairly new," said Ms. Mitchell, whose group makes yearly inspections of life-care facilities. "I'm interested to see how prepared these facilities are to give care as the residents' needs progress."

But Mrs. Torgesen believes the dearth of complaints stems from the residents' involvement in the civic affairs of their new home.

"In some free-standing nursing homes, kids drop their parents off and leave them, and most times patients don't have a spouse living in the same place. But in these lifecare communities, the independent-living residents develop strong relationships with each other. There is a tremendous level of voluntaryism, a wonderful support group and a very secure and stable population. They won't let anyone get away with offering poor-quality care.

Comparing life-care communi-

ties is difficult, given the different amenities offered, widely different price ranges and different financing options. People need to gauge their finances, health needs and personal preferences to decide which option is for them.

Mrs. Torgesen offered five suggestions for potential life-care residents:

- Visit the community. Don't do your buying over the telephone or from brochures. Eat in the dining room, talk to residents.
- If the facility isn't open yet, investigate the managerial experience of the developer and management team. Look at their track record, or at other communities they developed.
- Have an attorney read the contract thoroughly. Determine what it promises.
- Hire a certified public accountant to investigate the developer's financial statement. Under Florida

law, all financial information must be disclosed. A copy of the statement is on file with the Insurance Department and is public record.

• Don't simply compare the fees of one community to those of another. Each could offer very different services. Some facilities charge a separate fee for each service; some include everything in the monthly fee; some offer unlimited nursing care; others charge extra for more than 15 days a year, for example. Look at the contract and then determine what you want and can afford

The American Association of Retired People has compiled the National Continuing Care Directory, which lists communities around the country. The comprehensive booklet includes charges for entry and maintenance fees, as well as valuable information collected in a Wharton School of Business study of life-care communities. The publication sells for \$11.40 for AARP members or \$15.40 for nonmembers and is available by writing to AARP Books, Dept. CATA, 400 S. Edward St., Mount Prospect, Ill. 60056.

For \$2, the American Association of Homes for the Aging will send you *The Continuing Care Retirement Community: A Guidebook for Consumers,* if you write them at 1050 17th St. N.W., Washington, D.C. 20036.

The Florida Association of Homes for the Aging offers a free brochure listing communities in this state. No costs are listed, however. *Choosing a Community That's Right For You* can be obtained by writing the association at 226 W. Pensacola St., Suite 201, Tallahassee, Fla. 32301, or by telephoning (904) 222-3562.

Endowments for most life-care communities range from \$15,000 to \$200,000, a compelling enough reason to investigate before you commit. But you are also buying security and a style of living, in most cases, for the rest of your life. You want to make sure your new landlord will live up to his promises.





Continued from page 19

\$16.95), the book centers on Larry Kendal, a British swimming pool entrepreneur. Bad times have forced a move to a French village to weather the storm with his wife

Miriam is called back to Britain to care for her dying mother, a development that gives Larry an opportunity to become acquainted with a variety of villagers, including a peasant and her lover, the village patriarch, a youth in trouble for stealing potatoes and a Polish exile

who has committed her husband to a funny farm. The major tension is between Larry and Miriam, whose marriage may or may not survive a separation. Miss Tremain deals in subtleties, yet she avoids psychologizing her people, preferring to let them speak for themselves. Her effort is remarkably successful.

t's a very heavy responsibility indeed to write under the influence of Ross MacDonald, but there are good echoes of that master in T. Jefferson Parker's first venture into detective fiction. It is Laguna Heat (St. Martin's, \$15.95), an ambitious and cleverly plotted whodunit with a realistic cast and locale. The detective is Tom Shephard of Laguna Beach, Cal., and his case starts out by involving Tim Algernon, an elderly man burned to death with \$1000 pushed down his throat. It's as bizarre a murder as I've read in crime fiction for some time and it grows complicated when Hope Creeley, a widow, is killed in the same manner, evidently by the same person. The only apparent clue is a message, "Liars burn: little liars burn first." Tom Shephard finds some possible clues in Hope Creeley's diary, clues that lead him to explore a much earlier killing and that could point to him as a possible victim. Parker keeps his story clip-clopping along with imaginative twists of plot and excellent suspense. The result is a murder mystery all you fans will be grateful to read.

ost sports biographies are so eulogistic that they are hardly worth the paper they're printed on, but an exception to this bleak picture is with us in Martina, Martina Navratilova's story written with the help of George Vecsey (Knopf, \$16.95).

Straightforward, candid and without the usual canned applause, the book tells the story of the Czech tennis player's rise to international athletic fame. The secret of her astounding success has been her devotion to the sport; it's a matter of work, work and more work that has honed her natural talents to their current sharpness. Miss Navratilova readily admits that her personality has not been flamboyant and that she finds it hard to relax, but she does tell us of her deepening personal relationships with other women. Her emotional attachments are tastefully handled and the sense of security they've given her is clearly explained.

Next month, it's James Mitchener's Texas!

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Billie has taught water exercises privately and to university students for many years. Here are some

comments from her students.
"I had polio in 1954 at the age of 28 (I am now 57) so exercise has always been difficult and painful. Not so with your program! I sleep better at night, work better during the daytime . . . Best of all, the exercise in the pool feels good and is so enjoyable . . . Losing 8 pounds in one month . . . in the right places (tummy, hips, thighs) is terrific!"

Ann Greaath, Alabama

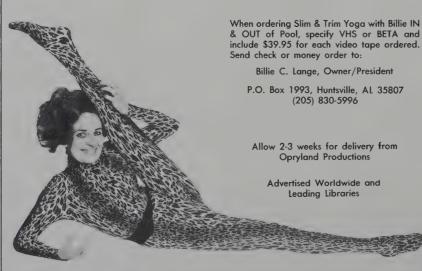
"I have enjoyed participating in five lessons and workouts with Billie and the results I have received are amazina.

- Dr. Henry Keyzer-Andre, Florida

"At the end of one month my weight remained the same. The flab started disappearing along with inches. 1 inch on the upper arms, 31/2 inches in the waist and 2 inches in the hips.

"Billie's In-Pool exercise program aids in bilaterally toning and balancing otherwise inactive and flaccid (lazy) muscle groupings without the potential danger of trauma associated with other conventional activities. I have also seen definite improvements in endurance and cardiovascular activities with the added benefits of leaner, more vibrant bodies and the increased self-esteem that results. I would heartily recommend Ms. Lange's In-Pool exercise program to all my patients or to anyone who is physically able to do so.

- Dr. Thomas K. Fontes, Alabama



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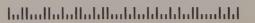
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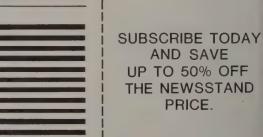
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Continued from page 53

pinch of oregano and season with salt and pepper. Arrange the salad ingredients in a shallow bowl and top with the feta cheese. Add dressing.

MEDITERRANEAN ORANGE SALAD

2 cups torn spinach

1 11-ounce can mandarin orange segments, drained

1 cup red onion rings

6 ounces feta cheese, cubed

1/4 cup pitted ripe olives

3 tablespoons olive oil

2 tablespoons lemon juice

1/8 teaspoon pepper

Combine spinach, orange segments, onions, cheese and olives; toss lightly. Combine remaining ingredients; mix well. Serve with salad. Makes 4 servings.

Shrimp with tomato and feta is a popular entree in Greek restaurants.

SHRIMP WITH FETA CHEESE 1½ pounds raw shrimp in shells

5 or 6 tablespoons olive oil

1 medium chopped onion

½ cup dry white wine

2 cups tomatoes, peeled

2 tablespoons chopped parsley

3/4 teaspon salt

Pepper to taste

Good pinch oregano

1/4 pound feta cheese, cut into cubes

Shell and devein shrimp. Wash, drain and dry. Set aside. Heat olive oil and saute onion until soft but do not brown. Stir in wine, tomatoes, 1 tablespoon parsley, salt, pepper and oregano. Cook, uncovered, until mixture thickens slightly.

Add shrimp and cook over medium heat for about 10 minutes, depending on size of shrimp. Stir in cheese; sprinkle with parsley.

ISLANDER FETA CHICKEN 1 2½- to 3- pound broiler-fryer, cut up

2 tablespoons butter or margarine

1 16-ounce can tomatoes, cut up

2 8-ounce cans tomato sauce

1 teaspoon dried oregano leaves, crushed

1/4 teaspoon pepper

3 cups hot cooked rice

1 cup crumbled feta cheese

1/4 cup green onion slices

Brown chicken on all sides in butter or margarine. Add combined tomatoes, tomato sauce and seasonings. Cover and simmer 30 minutes or until tender. Combine rice, cheese and onions; mix lightly. Serve chicken mixture over rice mixture. Top with additional cheese, if desired. Makes 4 servings.

FETA CHEESE TRIANGLES (triopetes)

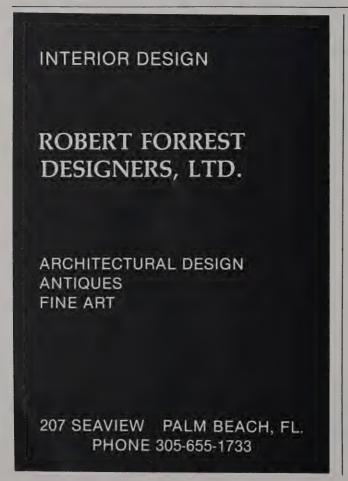
½ pound phyllo pastry sheets

½ pound crumbled feta

½ pound pot cheese

1 egg, plus 1 egg yolk

2 tablespoons fresh chopped dill





Dash pepper ½ pound butter, melted

Combine the filling ingredients thoroughly. Cut phyllo pastry sheets the long way into 2-inch strips. Brush one strip at a time with melted butter. Use a new soft paint brush or an old-fashioned shaving brush. Pastry brushes are too stiff for this job and might tear the pastry.

Put 1 teaspoon of filling at one end of strip and fold like the flag into a triangle. Make sure with each fold that the bottom edge is parallel with the alternate edge. Arrange triangles on baking sheet and brush with butter. To prevent drying, keep the phyllo not being used covered at all times with a lightly dampened cloth. Bake in a preheated 425-degree oven for about 10 or 15 minutes, or until lightly golden. Serve hot as an appetizer. Makes about 45.

These cheese triangles may be

refrigerated or frozen until ready to bake. If frozen, bake in a 350-degree oven a little longer until golden.

FETA CHEESE PIE
1 (3-ounce) package cream cheese, softened

1/2 pound feta cheese, crumbled

½ pound cottage cheese

3 eggs

1 teaspoon chopped dill (optional) 1 teaspoon grated onion or finely chopped scallion

1 pound phyllo

1½ cups butter, melted

Combine cheese and add eggs. Beat until smooth with the electric mixer or food processor or hand mix well. Add the dill and onion. Cut the pastry sheets in half. Brush 9 or 10 inch pie plates with butter. Place one of the squares of pastry on the pie plate and brush with butter, including the overlapping portion. Repeat this process 8 times. Fill with half the filling. Place

8 to 10 sheets on top of filling, brushing each one with butter. Turn in the overlapping ends. Cover with a pastry sheet and brush with butter. Filling is for 2 pies. Repeat process. Wrap any leftover phyllo in plastic and refrigerate. Bake at 350 degrees until lightly browned.

(The Middle East Bakery in West Palm Beach is one of several caterers who specialize in preparing feta cheese pastries for parties.)

Creamy feta dressing can be offered on salad or as a dip with assorted raw vegetables.

CREAMY FETA DRESSING

3/4 cup dairy sour cream

1/2 cup crumbled feta cheese (3 ounces)

1/3 cup real mayonnaise

1/4 cup milk

1/4 teaspoon oregano, ground

Combine ingredients well. Makes 2 cups. □

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John Houseman's Acting Company and the Ax-Kim-Ma String Ensemble. Performances are held in the opulence of the Flagler Museum, at the intimate Royal Poinciana Playhouse, or on the larger stage of the municipal auditorium.

SunFest, now almost four years old, is the typical summer block party — on a much larger scale. The downtown waterfront is closed to traffic for three days in May, after the tourists and winter residents have packed up and headed for cooler climates. Then, the natives come out. Arts, crafts, jazz, folk dancing, cloggers, food of every conceivable ethnic genus and beer fuel the revelers. Sleek sailboats race to Fort Lauderdale and back, and the Odd Vessel Race offers the vision of bathtubs, packing crates, discarded china cabinets and even old doors floundering down the Intracoastal with captain and crew in various stages of confusion.

West Palm Beach also has some of the most beautiful city parks and natural scenic beauty of any Florida city. The city's six miles of curving lakefront, for instance, offer a tranquil lake view — for viewers on the right side of the highrises, that is.

At the public park on Lake Mangonia, small sailboats and windsurfers commonly dot the placid waters. Currie Park, just north of Good Samaritan Hospital on Flagler Drive, has plenty of green grass for soccer games, several tennis courts, a long seawall for fishing and a public boat ramp for quick access to the Intracoastal.

The swimming pools at Howard and Gaines parks are filled all summer with splashing, laughing youngsters. One can always get a game at the South Olive Tennis Center, probably the most active public tennis complex in the county; and "fair but difficult" is the way pro Dub Pagan describes the city's popular municipal golf course. *Golf* magazine goes one better, listing it as one of the 10 most beautiful public courses in the country.

One of the best "cheap dates" in the area, according to a local newspaper article, is the Dreher Park Zoo. The city-run zoo covers 25 acres and shelters birds and beasts, nature trails, picnic areas and botanical gardens.

Adjacent to Dreher Park is the Science Museum and Planetarium, where a different sort of animal invaded the premises recently. Eight mechanical and very realistic dinosaurs visited the museum, drawing crowds of awestruck children and smiling adults.

A "hands-on" museum that strives to interest more children and adults in science rather than merely display interesting old artifacts, it has become a focal point of civic interest in recent years. The Junior League of the Palm Beaches was one of the first groups to "adopt" the museum.

"People who never thought of themselves as museum-goers got involved with the museum, largely through the number of special exhibits and activities we do," said Mary O'Connor, director of development for the museum.

Art Jovers congregate downtown, at the Norton Gallery of Art and the Ann Norton Sculpture Garden. The two are separate entities, although both were named after members of the same family.

The Norton Gallery and School of Art, as it is officially known, combines art classes, guest speakers, art cinema and other activities with its standing exhibits of American, French and Chinese painting and sculpture.

Considered by many experts in the field to be the finest small museum south of Washington, D.C., the Norton scored a major coup a few years ago when it captured part of Armand Hammer's extensive collection for exhibit. It will renew that accomplishment this fall. (Prince Charles and Princess Diana may attend, during their visit to the Palm Beaches.)

The Ann Norton sculpture gardens are a study in serenity and a showcase for the monumental brick sculptures of the artist for whom the gardens are named. Almost invisible behind a high wall and set incongruously beside the hustle of Flagler Drive, the gardens have been taken under the philanthropic wing of several community leaders, who instantly recognized the plot for the treasure it is.

Live performances by jazz greats and bargain first-run movies fill the wide, comfortable seats at the Carefree Theater on Dixie Highway. The theater was on the brink of bankruptcy until the \$1.50 movies and live performers put it back in the black.

The city's nightspots offer revelry for every musical taste. You can rock at The Bowery, disco the night away at the flashy Cheers, kick up cowboy-booted heels at the Silver Spur or just relax and listen to mellow acoustic guitar at the lakefront Speakeasy.

In West Palm Beach, as in any city its size, the restaurant selection is varied. "Restaurant Row," that corridor along Palm Beach Lakes and Okeechobee boulevards, teems with choices from burgers at JJ Muggs to burritos at Tequila Willies to steak and salad at The Gathering. And if none of the Restaurant Row eateries suit you, I-95 will take you to Boca Raton, Jupiter, Delray Beach, or North Palm Beach in less than half an hour.

More people have moved to West Palm Beach in the past two years than have moved here in the past 25. Demographers anticipate the trend will continue as more businesses look to establish a toehold in what is expected to be the third largest state in population by 1990.

A \$157 million renovation of Palm Beach International Airport also is expected to add to the growth surge. In 1984, more than 4 million people passed through PBIA's terminals — a figure expected to reach 6 million by the end of the decade. The airport expansion is expected to create its own "miniboom." Several new offices will be built in the immediate vicinity of

the airport, the largest of which will be the \$170 million hotel/office/retail project called Centrepark. The project's developers expect it will take 10 years to complete and, in addition to construction personnel, will employ almost 4,000 people when finished.

Meanwhile, office buildings in the city's downtown continue to fill up despite rather serious centralcity road access problems, the Palm Beach Mall is planning a \$15 million renovation and expansion; and Illinois-based Gould Inc., the original developer of Wellington, has announced plans to build a 500-acre research center in West Palm Beach.

The Gould Science and Technology Campus research park, which is expected to employ 10,000 people, will include a first-class Marriott hotel and recreation facility, and a variety of hi-tech research and development firms, including Gould. Gould public relations representative Donn Colee Jr. said West Palm Beach was chosen for the site because it is considered the next northern step in Florida's "Silicon Beach."

"Gould feels this is the next progression," Colee said. "With IBM and Motorola in the south county, and Pratt-Whitney, United Technolgies and RCA in the north, this was the logical location for a multi-dimensional campus."

Residential and commercial growth in West Palm Beach is expected to continue for similar reasons, said William Scully of Landauer and Associates, an international real estate firm with West Palm Beach offices. "With Bankers Land now starting to sell off some of the prime property (John D.) MacArthur acquired during his lifetime, the area around North Palm Beach and Palm Beach Gardens is going to boom in the coming years," Scully said. "Combine that with the heavy residential growth in Boca Raton, and you find West Palm Beach right in the center of everything.

And, as more businesses

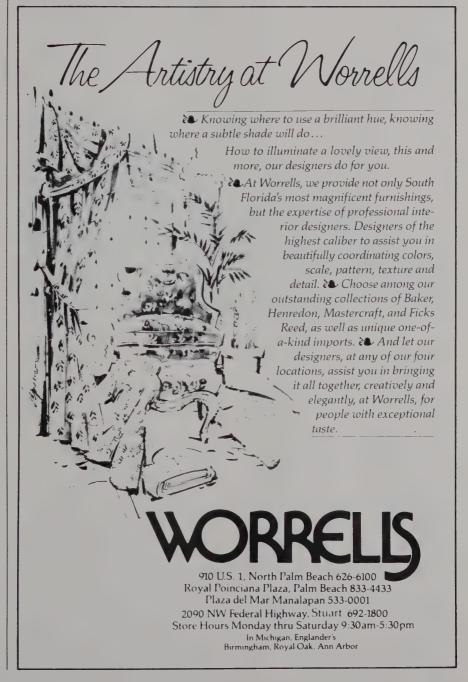
choose West Palm Beach, they bring employees who will need a place to live — which is expected to continue the housing boom.

Louis Perini's westward expansion brought with it some of the city's earliest planned communities. Among the various residential developments within the expansion, the Land of the Presidents is the most visible — its high condo towers rise from the middle of a golf course. Bear Lakes, with two courses designed by Jack "the

Golden Bear" Nicklaus, is a mixed residential development and the last phase of Perini's project.

Middle-income Sandalwood Lakes is an expansive cluster of quadraplex homes that were sold — in the \$50,000 range — to a good many young professionals who work downtown.

Housing in the West Palm Beach area is as varied as one will find anywhere. Homes on the southern end of Flagler Drive, while often as elegant as any in



Palm Beach, cost about half as much. Homes on the interior streets of the south end and east of Olive Avenue — the neighborhood which is home to Phillis and Casey Jones — are likewise, "a tight market," explained Donn Roebke, district sales manager for Keyes Real Estate in West Palm Beach.

The area near the Dreher Park Zoo also is an active market these days, said Nancy Weathers of Associated Brokers, and lots of young professionals live or are moving there. Another resurgent market is the Northwood area.

"Ten years ago, the Northwood area was a dead real estate market," Miss Weathers said. "Today there is a lot of interest among the young professionals in renovating the old Spanish houses, living in them a while and then reselling them."

Lakeside Green, off of Roebuck Road near the Perini development on Military Trail, is another favorite of the young professionals. Located in a handsomely landscaped setting, it offers a wide range of recreational facilities, including tennis, racquetball, several swimming pools and weight rooms. Total buildout for the project is slated at 900 homes.

Breakers West in suburban West Palm Beach is billed as an extension of The Breakers hotel in Palm Beach. Flagler Systems Inc., owned by the heirs of Henry Flagler, is developing the square-mile parcel over an extended period to diminish costs and ensure that the project is completed as was

originally intended, according to Stayton Addison, Flagler Systems president. Single-family homes in the country club community will be targeted for the upper income brackets, and other housing projects — such as townhouse villas — also will be available.

"We feel there will be a strong demand for a high-quality community in West Palm Beach. That's why we're making the long-term commitment at Breakers West," Addison said. "Breakers West is close to Palm Beach and downtown West Palm Beach, but far enough away for an executive to get away from the city.

"This entire area is growing. Breakers West is well-situated, because it is a class development, to be very successful."

That's Entertainment

It's early evening and a jogger is loping along the top of the seawall in downtown West Palm Beach. Along her run she will pass fishermen, old folks on park benches, couples out for an evening walk, other joggers, bike riders and a variety of people who know the downtown's brightest entertainment feature — its beautiful waterfront.

When talking about things to do downtown, people tend to talk in future terms. When the downtown gets this big, or that big, then there will be more restaurants and lounges and things to do. But until that day, entertainment downtown consists mostly of some lunchtime restaurants, two seasonal acting companies, the Norton Gallery and School of Art, the public library, special events and the Speakeasy.

Located on a waterfront parcel, next to the library, the Speakeasy serves an office lunch, dinner and after work crowd. At the Speakeasy, a person can sit inside listening to the evening jazz band, or outside on the terrace, soaking up

the breezes off of Lake Worth.

Two other popular lunching spots are Joey's Palm Beach Delicatessen on Dixie Highway near Palm Beach Lakes Boulevard and Stephano's Salad Bar, across from Phillips Point on Okeechobee Boulevard. Joey's specializes in deli sandwiches (and you can leave your business card under the glass top on the tables), while Stefano's is known for it's variety of salads and fruit flavored "coolers."

Within the private club setting in downtown, there is first and foremost the Palm Beach Yacht Club. A well-known haven for local businessmen who also enjoy a good meal and evening entertainment, the club probably has the most scenic ground-level view of the Intracoastal Waterway in the area. Sporting a more dramatic view and a very impressive membership, however, is the Governor's Club at Phillips Point, which is expected to become the spot for Palm Beach County's movers and shakers to mingle.

Aside from the D&D Centre and various interim design show-rooms, shopping downtown is limited to a few specialty shops along

Clematis Street — which until the opening of the Palm Beach Mall, was *the* shopping area in West Palm Beach. With many of the shops along Clematis vacant today, the most happening on the street is speculation about the downtown's future.

The Actor's Workshop and Repertory Theater on Dixie Highway offers theater workshop classes, as well as some avante garde theater in the round. The Florida Repertory Theater on the corner of Clematis Street and Narcissus is a professional theater group and offers a more general theater fare. Given its location near the library, the Florida Rep stands to have a strong future as a regional theater — if that day of a more sizeable downtown is ever reached.

The downtown library not only has books and magazines but also a variety of activities including a weekly "Business Brigade" discussion of financial topics at lunchtime on Wednesdays during the winter. The library, a multi-colored structure that people tend to either love or hate, is also located on one of the most desirable parcels on the waterfront.

Continued from page 41

red-light district and home to the city's countless saloons — wasn't greatly affected by Prohibition. Instead, a reputation was established for its home-brewed moonshine. That reputation was so well-established, in fact, that WCTU matriarch Carrie Nation paid an axswinging visit to the street that made the front page of the local paper. Banyan Street's ill repute become so widespread that the town fathers would later change the name to First Street, hoping to erase any association with its formerly sordid past.

The '30s brought the stock market crash, the Great Depression and two major hurricanes — one of which left hundreds of people dead — and the land boom turned into a land bust.

Jack Faircloth was a machinery salesman for International Harvester when he moved to the city from Lakeland in 1937. Faircloth, who later became mayor, remembers that era not so much for the tough economic times, but for its smalltown appeal.

"It was a nice little town then. I would walk down the street and know every businessman and just about everybody else in those days," said Faircloth.

After World War II, many of the servicemen who were stationed in the area returned to West Palm Beach to settle, and postwar prosperity rejuvenated the city. From 1940 to 1950, the city's population grew 28.1 percent to 43,162; and from 1950 to 1960, grew another 30.2 percent to 56,208.

But the population increase seldom spread west of the Florida East Coast (FEC) railroad tracks. Starting in the mid-'50s the city was losing population and tax base to neighboring cities because there wasn't any room left in West Palm Beach.

In 1955, the city commission — which included Faircloth, now owner of a truck sales company, and C. Harold Earnest — negotiated with the heirs of Henry Flagler to buy the 17,000 acres of marsh-

land of the West Palm Beach Water Company to build a modern sewage and water system. Two years later, the city sold 4,000 acres from the parcel to a Boston-based investors group on the condition that the group develop the swampy area.

Dubbed the Westward Expansion, the project today covers 6,000 acres, or nearly one-third of the city's total land area. Upon realization that the project would require a long-term commitment before any profit would be realized, three of the four investors dropped out — leaving Louis Perini alone.

"Things were at a standstill when we came in," said Faircloth. "We were trying to get West Palm Beach growing, but things weren't project before we got started, it's doubtful Perini would have gotten involved. But once Lou Perini started the Westward Expansion . . . he was going to finish."

The project was costly to Perini, one of the world's largest heavy contractors, in ways other than the up-front development costs. For one, the agreement called for Perini to build low-income housing along the east side of the property — done at a loss. And, in order to develop the entire area, Perini had to lure shopping mall magnate Edward J. DeBartolo to build the Palm Beach Mall by constructing the West Palm Beach link of Interstate 95 ahead of the government, which was waging an expensive war in



Downtown West Palm Beach before its skyline sprung up during the Florida land boom.

happening. Perini really made it all go. We didn't know anything about the partnership at first. In fact, they were the only ones to bid on the project. We later learned, however, that when you were dealing with Lou Perini, his word was his bond."

The Westward Expansion project still is not complete. The property is bordered roughly by 45th Street to the north, Okeechobee Boulevard to the south, and the FEC property and Military Trail on the east and west.

"We moved 30 million yards of fill to do the site work on the property. On the majority of the property there is six to eight feet of fill," said John Linstroth, president of the Perini land development division. "If cost analyses were done on the Vietnam and continually postponed the expensive undertaking.

Perini also built Palm Beach Lakes Boulevard and part of Australian and Congress avenues to expedite traffic in and out of the project. In the end, Linstroth said with a sigh, Perini incurred so many start-up costs on the project that, even if the company reaches peak buildout, it is doubtful the project will ever break even.

"It's a tremendous project, a tremendous undertaking, and more than once the survival of the company was at stake because of it," Linstroth said. "The turning point came when we developed Lands of the Presidents and we've been able to put aside property for ourselves that we've developed.

DISTINCTIVE DINING

Although Palm Beach Life makes every effort to ensure accuracy, occasionally restaurants change their hours or menus after we go to press.

PALM BEACH COUNTY

PALM BEACH

The Breakers, 1 S. County Road. After 50 years of service, the hotel has maintained the elegance which reflects an era of a more gracious way of life. Dine in the elegant Florentine and Circle dining rooms; have an informal luncheon at the Beach Club or a quick burger or salad at the intimate Golf Club. Veal piccata with lemon sauce is the favorite entree in the Florentine Room. 655-6611.

Cafe Cocoanut, 237 Worth Ave. Chic Worth Avenue cafe now owned by Carol and Richard Katzenberg of Clematis Street Cafe fame. Offered are glorious soups and desserts, sandwiches on homemade breads, salads and imaginative entrees. Luncheon is open to the public. Dinner is for Dinner Club members only. 833-6448.

Cafe L'Europe, in the Esplanade on Worth Avenue. A Holiday magazine award winner. European sophistication and quality fare. An extravagant dessert table is laden with fresh fruits and pastries. Oldfashioned apple pancakes with lingonberries, cold plates, salads and luncheon specialties are served from 11:30 a.m. until 3 p.m. From 3 until about 5 p.m. enjoy light snacks and pastries in the bistro-bar area. Freshly baked croissant sandwiches, a crock of onion soup or gazpacho in a crystal goblet are bistro favorites, as are the special coffees and champagne cocktails. Dinner is served from 6 to 10:30 p.m. Closed Sundays. 655-4020.

Capriccio, Royal Poinciana Plaza. Continental and Italian delicacies. Veal dishes are most popular: scaloppine saute Capriccio, scaloppine a la marsala and veal zingara, with its shredded ham garnish and subtle light tomato sauce. Luncheon is served Monday through Saturday from 11:30 a.m. to 3 p.m. Open every night for dinner from 6 until 11 p.m. 659-5955.

Charley's Crab, 456 S. Ocean Blvd. Fresh seafood dining features local pompano, snapper and swordfish when available, plus fish and seafood from Boston and the Great Lakes. Raw bar, bouillabaisse, paella, Maine lobster and soft-shell crabs are also served. Luncheon hours are Monday through Saturday from 11:30 a.m. until 3:30 p.m. Dinner hours are from 4:30 to 10 p.m. Sunday through Thursday and 4:30 to 11 p.m. Friday and

Saturday. Cocktails are served from opening hour. 659-1500.

Chuck & Harold's, 207 Royal Poinciana Way. Their courtyard features a spinnaker covering which opens for views of the sky as well as dining on the sidewalk cafe. One menu from 11:30 a.m. until 2 a.m. offers burgers, homemade linguine, steaks and ribs. 659-1440.

Colony Hotel, Hammon Avenue. One block from Worth Avenue and the ocean. Continental cuisine and an atmosphere of a private club have made the Colony a traditional favorite of Palm Beachers. Luncheon indoors or by their famous pool on the Gold Coast, noon to 3 p.m. Cocktails from noon to 8 p.m. on Sunday through Thursday and until 1 a.m. on Friday and Saturday. Dinner and dancing Friday and Saturday only. Marshall Grant music for dancing with Don Scherzi conducting. Reservations. 655-5430.



Doherty's, 288 S. County Road. Always a good bet, Doherty's has a pub-like atmosphere with great char-broiled burgers, French onion soup, vichyssoise, marvelous chili and great Maryland crab soup. Chicken hash Doherty's is similar to New York's "21" creation. Delicious shad roe with broiled bacon, and live Maine lobster is offered, steaks-angus supreme, fresh fish. Oysters, clams on half shell or stone crabs in season. Homemade desserts are a specialty. Doherty's is open every day serving lunch 11:30 a.m. to 2:30 p.m. Light snacks and hamburgers served from 2:30 p.m. to 4 p.m. Dinner 5:30 p.m. to 11 p.m. Also Sunday brunch 9 a.m. to 2:30 p.m. 655-6200.

Epicurean, 331 S. County Road. American cuisine with a continental flair. Breakfast, lunch and dinner. Luncheon features California cobb salad, Danish open face sandwiches, soups and crepe of the day. For dinner enjoy a Florida cioppino with native fish and shellfish, or fresh salmon with whisky and walnut sauce. The

house salad of exotic greens (mache, arugula, radicchio) is special. Continuous service with such offerings as tea and scones and after theater snacking. Bakery on the premises, bar and music. Doors open at 7 a.m. and close at 3 a.m. 659-2005.

Hamburger Heaven, 314 S. County Road. The claim "world's best hamburger" could be debated, but few would say the juicy, tasty burgers prepared from freshly-ground, quality beef are not heavenly. They also offer steak dinners and glorious pies and cakes. They're open for lunch and dinner. 655-5277.

Jo's, 200 Chilian. This charming little restaurant, which opened as La Crepe de Paimpol in 1978, now offers a continental menu, but the famous crepes of Brittany are still a specialty. Veal, duckling, baked lump crabmeat imperial and fine steaks. Lobster mousse served in artichoke bottoms is a delicious appetizer. Open for lunch and dinner. 659-6776.

L'Express, the Esplanade, 150 Worth Ave. French bakery and wine bar. Breakfast, lunch and early dinner. Hours are 9 a.m. until 7 p.m. French breads from baguettes and boules to the batard and sourdough. Takeout includes savory croissants - filled with spinach and goat cheese, Italian vegetables, and ham and Swiss. Brioche plus cheeses and pates. Soups, sandwiches and hot entrees such as quiche with ratatouille and bratwurst with warm German potato salad and red cabbage. 833-2117.

La Famiglia, 235 Worth Ave. Northern Italian cuisine - with a few Southern Italian favorites. The popular carpaccio - lean and tender raw beef sliced paper thin plus homemade pastas and pesto and an antipasto table with such delights as mussels marinara and fresh roasted peppers. 655-5959.

Maurice's, 191 Bradley Place. An old-timer, they've been here since 1946. Specializing in Italian cuisine, favorites on the extensive menu are seafood posillipo, osso buco and squid Milanese. Open for lunch 10:30 a.m. to 2:30 p.m. Monday through Friday. Hot hors d'oeuvres from 4 to 6 p.m. and dinner from 5 to 10 p.m. seven days a week. 832-1843.

Nando's, 221 Royal Palm Way. A mecca for Palm Beach society for many years. The gracious owner of the restaurant that bears his name originated the scampi recipe so popular in American restaurants. Continental and Northern Italian cookery are featured. Dinner only. 655-

Petite Marmite, 315 Worth Ave. This landmark restaurant, under new management, features a Continental menu. The best of the old Petite is combined with some new items such as kidneys with mustard sauce, sweetbreads en croute and calf's brains in black butter with capers. Lunch is served from 11:30 a.m. to 3 p.m. and dinner from 6 to 10:30 p.m. Closed Sundays. 655-0550.

Providencia, 251 Royal Palm Way. This restaurant features French cooking with such delights as fresh Dover sole. Entrees include selle de chevrevil and pilaf de Crevettes au Curry. Lunch is served noon to 2:30 p.m. Monday through Friday and dinner is served nightly from 6 to 10 p.m. Valet parking. 655-2600.

Ta-boo, 231 Worth Ave. A Palm Beach dining tradition, Ta-boo features gourmet fare and fine wine in a club atmosphere. Luncheon is served from 11:30 a.m. to 3 p.m. Enjoy cocktails from 4 to 7 p.m. and dinner from 6 to 11 p.m. — with music and dancing until 2 a.m. Reservations suggested. 655-5562.

TooJay's, 313 Poinciana Plaza. This cafe and gourmet marketplace offers casual dining for shoppers or anyone in search of good soups, salads, sandwiches and yummy pastries. Pick delicious caraway rye bread for your sandwich and save room for pies, tarts, tortes and cakes. Brunch is served — Sundays only, luncheon and dinner served every day. No reservations. 659-7232. TooJay's also has a cafe at Loehmann's Plaza in Palm Beach Gardens (same menu). 622-8131.

Two-Sixty-Four, 264 S. County Road. Popular luncheon and dinner spot where one can dine on excellent hamburgers, soups and salads. Dinner entrees include, besides steaks and prime rib, catch of the day and stone crabs in season and four veal offerings. 833-3591.

Worth Avenue Burger Place, 412 S. County Road. This is the place for Palm Beachers and casual shoppers in the mood for a high-quality burger or an inexpensive dinner. Prime 10-ounce New York strip, homemade layer cakes and pies, plus some homey delights like baked apples, rice pudding and cup custard are favorites. Omelets and sandwiches are served from 11 a.m. until 9 p.m. 833-8828.

WEST PALM BEACH

Bennigan's Tavern, 2070 Palm Beach Lakes Blvd. Funky decor and casual atmosphere. Get happy from 11 a.m. to 7 p.m. when drinks are two-for-one. Service is continuous from 11:30 a.m. until 2 a.m. Quiche is offered in several varieties as well as deep-fried vegetables, fried cheese fingers, burgers, steak and chicken. Their champagne brunch Sundays from 11:30 a.m. until 3 p.m. features eggs Benedict. 689-5010.

Blue Front Barbecue, 1225 Palm Beach Lakes Blvd. Barbecue-loving folks dote on the ribs grilled over oakwood fires. They also have chicken, pork and beef with the smoky flavor, plus black-eyed peas, corn bread and sweet potato pie. 833-6651.

Ciao, 3416 S. Dixie Highway. Owner-chef Gino turns out by hand the most delicious pastas in various forms which are offered with freshly made sauces. Veal dishes are special, as well, in this popular and reasonably priced restaurant. Don't miss the mozzarella in carozza and calamari frita as an appetizer. Dinner from 4 p.m. to 10:30 p.m. 659-2426.

The Gathering, 4201 Okeechobee Blvd. Choose from a varied menu of seafood, beef and surf-and-turf — though the selections of Midwestern beef (aged on the premises and cut daily) are a specialty. Try the rice pilaf and the lavish 36-item salad bar. Irish, Jamaican and Keoke coffees are also featured. Dinner is served Sunday through Thursday from 5 to 10 p.m. and on Friday and Saturday until 11 p.m. No reservations. 686-2089.

Granada, 624 Belvedere Road. Cuban fare is featured, with Spanish accents. Paella and hearty soups are served. Caldo Gallego is the pride of the house. They are open for luncheon and dinner. Closed Mondays. 659-0788.

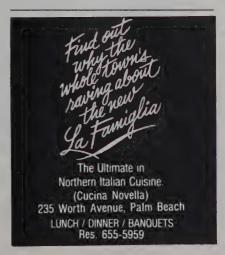
Gulf Stream Seafoods Restaurant and Fish Market, 5201 Georgia Ave. Hot plates include fried snapper, shrimp, oysters and Ipswich clams. Pick your fish or seafood from the retail market and have it cooked to order. Lebanese pastries are available. Open Monday through Saturday. Lunch and dinner. 588-2202.

Houlihan's Old Place, Palm Beach Mall, 1801 Palm Beach Lakes Blvd. Houlihan's has everything from light bites to full course fare. Snacks include batter-fried mushrooms and zucchini, nacho platters and egg rolls. Crispy roasted boneless duck with Grand Marnier sauce is a specialty. Special drinks include margaritas, frozen daiquiris and exotic coffees. 471-9440.

Hyatt Palm Beaches, 630 Clearwater Park. The hotel's sophisticated Cafe Palmier will appease anyone's epicurean longings. Food is beautifully presented and you'll like the little extra touches in this first-rate restaurant. Bay scallops with broccoli in creamy saffron champagne sauce, filet mignon with artichoke hearts, goose liver mousse and truffle sauce, veal Normandy with apples, morels and tomato noodles are among the offerings for dinner. The Terrace offers breakfast and continuous lunch-dinner service. You'll enjoy Italian omelets baked open-face,







- sandwiches and salads lavishly garnished with fresh fruits and vegetables, ribs, steak and fish of the day. 833-1234.
- Jade Pavilion. Phillips Point. 777 S. Flagler.
 Classical cuisine featuring the schools of
 Cantonese, Mandarin, Shanghai and Peking. Dim sum available on special order.
 Authentic in every detail, the restaurant
 was designed by a Hong Kong architect.
 Chefs are from Hong Kong. Opening
 scheduled this month.
- Margarita y Amigas, 2030 Palm Beach Lakes Blvd. Mexican food is served in an attractive setting. Nachos, enchiladas, tacos and burros, combination plates and chimichanga are on the menu. The wild tostada is outrageous but fun. Order a bucket of six South-of-the-Border beers and have a tasting. The menu is the same 11 a.m. until midnight. 684-7788.
- Mr. Tandoori, Commons Mall, 12794 West Forest Hill Blvd., Wellington. Tandoori specialties and curries feature chicken, meat and seafood. Biryani rice dishes and vegetables are also served. For starters, try lamb, shrimp and chicken pieces marinated and barbecued tandoori style. Lunch is served from 11:30 a.m. to 2:30 p.m.; dinner from 5:30 to 10:30 p.m. 798-2755.
- Nonna Maria, 1318 N. Military Trail in Luria Plaza. Intimate Italian restaurant offers provini veal dishes and pasta. Rollatini is veal stuffed with prosciutto and mozzarella cheese and topped with mushroom sauce. Zuppa di pesce heaps shrimp, clams, mussels, scungilli and calamari atop linguine. 683-6584.
- Sawgrass Grill, 1756 S. Congress Ave., Palm Springs. A handsome restaurant offering fresh seafood and steaks. Catch of the day, shrimp and lobster tails and choice grilled steaks. Luncheon features a wide selection of salads and sandwiches. 964-4101.
- Sitar of India Restaurant, 7504 S. Dixie Highway. Patterned after the famous Khyber Indian Restaurant in Chicago, the fare is authentic with many dishes cooked in the tandoor oven. Specialties include Mughlai curries and Biryani rice dishes. Indian breads are a delight. Begin your meal with a sweet or salty lassi or a bowl of Mulligatawany soup. Lunch and dinner and most items available for takeout. 582-2496.
- Tequila Willie's Saloon & Grill, 2224 Palm Beach Lakes Blvd. This fun restaurant has a casual Mexican atmosphere, where you can enjoy a variety of munchies or a full dinner. They also offer American burgers and deli and raw bar food. The "stampede," designed to serve four to six, includes tacos, enchiladas, tamales, tostadas and more. Open for lunch, dinner, late snacks and Sunday brunch. 471-1900.
- Tony Roma's, 2215 Palm Beach Lakes Blvd.
 The place for barbecued baby-back ribs and great French-fried onion rings. Or go for barbecued chicken, pan-fried brook trout, a burger or a steak. They're open from 11 a.m. until 1 a.m. Monday through Thursday and until 3 a.m. on Friday and Saturday. Sunday hours are 2

- p.m. until midnight. No reservations. 689-1703.
- Yamato Steak House of Japan, Pine Trail Plaza on Okeechobee Boulevard and Military Trail. Raw steak, chicken, shell-fish and vegetables are grilled at the table by Japanese chefs. Five-course dinners feature sirloin, filet mignon, sesame chicken, shrimp, lobster and scallops. Tempura shrimp and vegetables are also good. To quench your thirst there is plum wine, sake and Japanese beers. They're open Monday through Saturday, 4:30 to 11 p.m. and Sunday 2 to 10 p.m. 686-3508.

LAKE WORTH

- Alive & Well, 612 Lake Ave. Serving food for health such as salads, sandwiches and homemade soups. Dinner entrees include baked eggplant and stuffed avocados. Freshly squeezed juices, natural ice cream, hot carob sundaes and other desserts are on the menu. Wine and beer are served. No smoking. 586-8344.
- Cafe Vienna, 915 Lake Ave. Substantial, home-cooked fare such as sauerbraten and potato dumplings, spaetzle and wiener schnitzel are featured. Desserts are a delight — sachertorte and the German schwarzwalder kirschtorte and apple strudel. 586-0200.
- Lovin' Oven, 4526 Lake Worth Road. This casual eatery makes the most of the fresh breads and rolls its bakery turns out each day. Freshly baked rye is the base for the Reuben, French bread for the roast beef au jus and either a soft braided roll or a hard "bulkie" (steamed roll fashioned of challah dough) for the 7½ ounce burgers. Soups are made from scratch and salads are a feast. Open every day for breakfast and lunch, but you can grab a bite from the bakery until 7 p.m. Takeout and catering are also available. 433-5000.
- Oriental Express, 375 S. Military Trail. Chinese fare in attractive and comfortable surroundings. The menu reflects some of the best of Cantonese, Mandarin and Szechwan styles of cooking. For mushroom lovers, Triple Mushroom Cow teams strip steak with straw, button and black mushrooms and snow pea pods in oyster sauce. Luncheon and dinner. 968-3550.
- Pancho Villa, 4621 Lake Worth Road. Mexican and a few South American favorites: real tamales steamed in corn husks, chiles rellenos, tacos and enchiladas. Soncocho stew, a specialty of the house, is a tasty concoction of meat, yucca and plantains. Mexican beer is available. Service from 10:30 a.m. every day. Takeout or eat in. 964-1112.
- Swedish Steakhouse, 824 Lake Ave. Scandinavian fare in a pleasant setting. Luncheon specialties range from Swedish meatballs with lingonberries to braised brisket with horseradish. Grilled salmon and flounder are seasoned with dill and beef tartare is freshly "scraped" tenderloin or strip steak. Luncheon hours are 11:30 a.m. to 2:30 p.m., Monday through Friday. Dinner is served Tuesday through Saturday, 5 to 9 p.m. Sunday hours are 11:30 a.m. to 8 p.m. 585-1937.

LANTANA

The Ark, 2600 W. Lantana Road. Meat, seafood and fowl — and plenty of it — are available at affordable prices. The roast prime rib comes in four cuts from eight to 24 ounces or try the "elephant" 16-ounce strip. Tropical setting and an animal-related menu carryout the Noah's ark theme. Reservations not necessary. 968-8550.

BOYNTON BEACH

- Banana Boat, 739 E. Ocean Ave. on the Intracoastal. Dine on the patio or in the lounge with views of the waterway. Featured are soups, hearty sandwiches and burgers. Entrees include coconut shrimp, fresh Florida lobster, shrimp scampi and filet mignon. 737-7272 or 428-3727.
- Chef's Touch, 1002 N. Federal Highway. Handwritten menu is table d'hote and changes daily. Prix-fixe offers a choice of five entrees, two appetizers, choice of soup, sorbet, salad, cheese and dessert. A la carte menu offers Irish smoked salmon and escargots or choice of hors d'oeuvres from the fixed menu. Entrees range from steaks, fish and rack of lamb for two. Service is formal but not pretentious. Pleasing ambience with cozy corners and a small dining room for private dining. Luncheon and dinner. Closed Monday. Reservations suggested. 732-5632.
- Elina's Mexican Restaurant, 3633-B S. Federal Highway. This unpretentious restaurant seats around 60 from 11 a.m. until 11 p.m. Soups, enchiladas, tamales, tortillas, burritos and the puffy sopapillas served with honey are available. Closed Mondays. 732-7252.

DELRAY BEACH

- The Arcade Tap Room, 411 E. Atlantic Ave. One of Delray's oldest restaurants, The Arcade Tap Room features a range of beef and seafood entrees, including a fine prime rib. Dine amid music from 7 to 11 p.m. Daily luncheon specials are also featured. Lunch, 11 a.m. to 5 p.m.; dinner, 5 to 10 p.m. Closed Sundays. Reservations suggested. 276-0401.
- Erny's, 1045 E. Atlantic Ave. This friendly, neighborhood restaurant boasts a delicious broiler menu of steaks and chops. Seafoods include shrimp scampi and seafood Newburg. Extensive luncheon menu features homemade soups, salads, sandwiches and seafood platters. Lunch, 11 a.m. to 3 p.m.; dinner, 6 to 11 p.m. Closed Sundays. 276-9191.

BOCA RATON

- Bali Plaza, 21212 St. Andrews, in the Village Square shopping center. Indonesian-Chinese fare is served in a chic setting. The famous rijstaffel is a specialty for two while the schools of Hunan, Cantonese and Szechwan are represented in the Chinese specialties. The Szechwan sliced duck cooked with hot peppers is excellent. 391-6676.
- Chez Marcel, Royal Palm Plaza on Federal Highway between Camino Real and Palmetto Park Road. Cozy French Bistro. Menu geared to seasonal foods. Sea scallops with Belgian endive, fresh salmon

DISTINCTIVE DINING

with morels and melt-in-the-mouth seafood mousselines. Lamb steak and sirloin in Madagascar green peppercorn sauce. Limoges china and French glassware but moderately priced. 368-6553.

La Vieille Maison, 770 E. Palmetto Park Road. "The Old House," a gem of the Addison Mizner era, offers a romantic setting for dining. The food is excellent, the service sophisticated and the ambience agreeable. Spectacular wine list is available in this five-star Mobil awardwinner. 391-6701.

Sweetwater Barbecue Rib House & Grill, Glades Plaza. As the name implies, this family restaurant features Southern barbecued ribs and ranch-style chicken. Fresh fish of the day and a selection of charbroiled entrees are also favorites. Lunch is served from 11:30 a.m. to 2:30 p.m. and dinner is served from 5 p.m. Takeout is available. 368-7427.

Tom's Place, Glades Road and Old Dixie Highway. Soul food restaurant with good down-home cooking serves great ribs plus catfish and hush puppies, fried chicken, cornmeal muffins and collard greens. Inside offers a homey atmosphere. Takeout is available. 368-3502.

Tycoons, 2350 Executive Center Drive in the Arvida Center. Elegant but casual ambience located in Boca's financial hub. Native fish is a specialty. Seafoods include yellowtail, Florida red snapper and grilled swordfish. Steaks, veal chops and lamb chops are offered. Burgers, sandwiches, salads and special luncheon entrees. No reservations. 994-2269.

Wildflower, Palmetto Park Road at the Intracoastal. Waterfront cafe serving luncheon and dinner daily. Salads, omelets, steaks, quiches, crepes and burgers. Dancing after 9 p.m. 391-0000.

PALM BEACH GARDENS

The Explorer's Club, PGA Sheraton Resort, 400 Avenue of the Champions. This gourmet dining room offers specialties from around the world. Appetizers include Russian piroschki and Japanese shrimp sushi. Entrees range from tenderloin of lion to venison. Red snapper is prepared Caribbean Islands style with cilantro. Lamb chops are wrapped in strudel pastry and spiked with Greek retsina. 627-2000.

Ristorante La Capannina, 10971 N. Military Trail, PGA Boulevard and Military Trail. Italian fare is prepared and served with finesse. Pasta special fresh daily, rigatoni alla vodka, cannelloni and fettuccine Alfredo are offered. Veal specials include broiled or stuffed veal chops, saltimbocca and zingara. Zuppa di pesce and frittura di calamari and gamberi are popular fish items. Open for lunch and dinner. Full service bar. 626-4632.

NORTH PALM BEACH

Bentley's, 730 U.S. Highway 1. You'll find excellent service and an imaginative menu. Chilled poached salmon with dill sauce is among the appetizers. Homemade soups, fresh "al dente" vegetables in season and rosin-baked potatoes are offered. You can top your prime rib with fresh asparagus and crabmeat in bearnaise sauce. A better-than-average wine list is reasonably priced. Colorful church windows and plants provide a handsome atmosphere. Open for lunch, dinner and Sunday brunch. 842-6831.

Bistro Gavroche, 1201 U.S. Highway 1, in the Crystal Tree plaza. European decor and ambience. Country-style duck terraine with homemade bitter-orange marmalade and rack of lamb with fresh herbs are just a sampling of what is offered. Breads and French pastries are baked on the premises. The chef served his apprenticeship at Georges Cinq in Paris. Open for luncheon and dinner. Full bar open all day. 626-5502.

Jack's Fish House, 211 N. Federal Highway. Lobsters, broiled or boiled, priced according to size, plus a delightful array of fish and seafood are served. Steamer clams are served with broth and butter, Chesapeake Bay soft-shell crabs and fresh-caught native fish. Open 4:30 p.m. daily. No reservations. 842-7233.





RIVIERA BEACH

Crab Pot, 386 E. Blue Heron Blvd. under the Riviera Beach bridge. Eat blue crabs, catfish and shrimp steamed in beer, while you smell the sea air. Open for lunch and dinner every day. 844-9245.

Portofino, 2447 Ocean Blvd. This Italian cafe has a view of the ocean. Try their lasagna and ravioli with homemade noodle dough. Other Italian favorites are offered at modest prices. A beautiful espresso machine turns out fantastic coffee and capuccino creations. Pastries and pizza also are on the menu. Lunch and dinner served everyday. 844-8411.

LAKE PARK

Cafe du Parc, 612 Federal Highway. Charming French restaurant in a house features boneless duck with green peppercorns, quail, sweetbreads, beef Wellington, Dover sole and salmon en croute. Desserts are special. Open for dinner only. 845-0529.

JUPITER-TEQUESTA

Backstage, 1061 East Indian. Burt Reynolds has an interest in this fine restaurant located near his theater. Open for lunch, dinner and late supper. Dinner specialties include Culibiac of salmon, veal chop zingara, blackened swordfish and steak diane. Appetizers range from potato

skins to New Orleans shrimp remoulade. Champagnes fairly priced plus an extensive wine list. 747-9533.

Cobblestone Cafe, Gallery Square North at 383 Tequesta Drive. Blackboard specials change daily. Plum de veau veal prepared en croute, rack of veal, veal chop stuffed with ham and cheese, and veal francaise. Specialties include duck with bing cherries, breast of capon and shrimp with mustard sauce. Fresh vegetables, homemade soups and fine pastries. Luncheon and dinner. 747-4419.

Harpoon Louie's, 1065 SR A1A. Located on the shores of the Jupiter Inlet, with view of the Jupiter lighthouse — this is a casual all-around restaurant where one can enjoy "munchies" and entree specialties under \$10. Imaginative breakfasts from 7 to 11 a.m. feature freshly baked items by Irish pastry chef, an English-style mixed grill and unusual breakfast entrees such as poached eggs served over sliced avocados and topped with bearnaise sauce. Lunch is from 11 a.m. to 5 p.m.; dinner from 5 until 10 p.m. 747-2666.

La Caravella, 350 U.S. Highway 1 in the Jupiter Bay Shops. Enjoy the happy marriage of Italian cuisine with a French touch. For luncheon, chicken in champagne, veal piccata, eggs Benedict and outstanding cold entrees such as poached salmon with Russian salad. Roasts carved at the table for dinner. Seafood

runs the gamut from zuppa de pesce to froglegs provencale and Dover sole. 744-1978.

INDIAN RIVER COUNTY

VERO BEACH

Driftwood Inn, 3150 Ocean Drive. On the ocean in the picturesque Driftwood Resort, this handsome restaurant fashioned of brick, antique wood and glass offers a varied menu: osso buco, smoked chicken, mushroom and spinach salad, and fettuccine Alfredo. Prime meats and fresh fish are grilled over mesquite charcoal from Texas which imparts a unique and delicious flavor. 231-0336.

Forty-One, 41 Royal Palm Blvd. Imaginative French chef, elegant decor and French service combine to make this restaurant one of Florida's best. Fresh oysters topped with caviar and creamy horseradish sauce, seafood bisque, iced cucumber soup, sweetbreads, seafood crepe Brittany, grouper Bonne Femme, bouillabaisse and sauteed shallots are featured. They're open Monday through Friday, 12:30 to 2:30 p.m. and 6 to 10 p.m.; Saturday and Sunday, 6 to 10 p.m. 562-1141.

Ocean Grill, Sexton Plaza. On the ocean and a survivor of the ocean sprays and wind for more than 50 years, this land-

TRADITIONAL ELEGANCE



This majestic estate, located in the center of town, is a John Volk masterpiece. It is truly craftsmanship at its best. Six bedrooms, five baths, his and her powder rooms, separate staff quarters, high ceilings, enclosed and outside loggias, heated pool, paddle ball court and other amenities too numerous to mention!

Co-Exclusive

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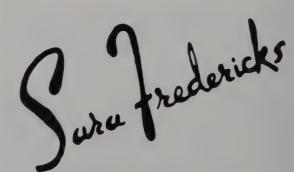


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222 Worth Avenue Palm Beach, Florida



DISTINCTIVE DINING

mark seems fashioned of driftwood. Inside there is a museum of wrought iron ships' bells, stained-glass windows and mahogany. Feast on Indian River lump crab caught in the river at the restaurant's back door, plus fresh fish. 231-5409.

MARTIN COUNTY

JENSEN BEACH

Frances Langford's Outrigger Resort, 905 S. Indian River Drive. Polynesian setting on the Indian River offers Polynesian and American fare. Try the Outrigger Tiki, a combination of sliced barbecued pork, chicken and lobster with Chinese vegetables and served with a secret sauce. Open every day. 287-2411.

STUART

Benihana of Tokyo Steak House, on the St. Lucie River at the bridge on Ocean Boulevard. Hibachi cuisine is cooked at the table. Japanese chefs perform their unique skills with flashing knives as they prepare steak, shrimp and vegetables in full view of the diners. 286-0740.

Conchy Joe's, 3945 N.E. Indian River Drive. Splendid views of Indian River. Raw bar snacks from 11:30 a.m. until 10 p.m. Luncheon and dinner menu offers fish, steaks and ribs from the wood grill, plus alligator and Bahamian conch chowder and fritters. Dozens of exotic tropical drinks, Key lime pie. 334-1130.

Jake's, 423 S. Federal Highway. Their salad bar features clams on the half shell, soup kettle of the day, steaks, fish and sandwiches. 283-5111.

BROWARD COUNTY

DEERFIELD BEACH

Pal's Captain's Table, Hillsboro Beach Boulevard and the Intracoastal Waterway. Come by auto or boat. Pal's menu features fresh seafood, salads and traditional favorites with continental service and Intracoastal views. 427-4000.

LIGHTHOUSE POINT

Cap's Place, 28th Court. This offbeat restaurant is accessible by boat only. Drive your car to the dock, turn on the light and a boat will take you over. Specialty is seafood. 941-0418.

POMPANO BEACH

Harris Imperial House, 50 N. Ocean Blvd. It doesn't look like a Chinese restaurant, but legions come for the Cantonese as well as American fare. 941-2200.

FORT LAUDERDALE

Casa Vecchia, 209 N. Birch Road, situated on the Intracoastal Waterway. An exciting restaurant conceived by the proprietors of Down Under and La Vieille Maison. A charming old house transformed into an engaging Mediterranean restaurant. 463-5465.

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THE STARS & YOU

Aries March 21 — April 19

The beginning of the month is the time to take that last long weekend or to fill up on entertainment because on the 10th, your ruler Mars joins the sun in Virgo and the joyride is over. It is back to work, where more than the usual responsibilities await you. With Mercury in Virgo as well, your thoughts are on business success. On the 14th, the moon adds to your already abundant Virgo influence, possibly bringing the idea of a lifetime and the chance for your biggest success yet. You could find just what you have been looking for. On the 15th you make an important investment, borrow money or sign agreements that mean a more secure future. Get your career decisions out of the way before the 22nd, when Venus enters Virgo and love takes priority. A work relationship may go in a romantic direction with the full moon in Aries on the 28th.

Taurus April 20 — May 20

Money, success, power, a high profile and glamourous entertainment are yours, with little effort on your part. This can be a year of great progress on the career level if you take advantage of your connections to sell yourself. The new moon on the 14th can bring favorable changing conditions in partnership matters, ending a long spell of stress. Investments from the past pay off, money from unusual sources adds to your financial stability, and legal matters can be resolved in your behalf. Avoid signing any important papers the first week of the month, when the opposition to Venus can cause problems especially legal ones. Seek legal advice before any serious decisions are made permanent and wait until after the 22nd, when your ruler moves into Virgo and you are more astute and more on top of the details and consequences.

Gemini May 21 — June 20

Results are coming from all your effort put forth in the last few years. You now see what others have always told you about sticking with a project to reap the benefits of longterm commitment. Young Geminis tend to work at something for a short time and then move on to more interesting things. It is a life of small successes, but the big ones may elude you. Persist and develop for the next six months, and the results can last for a lifetime. You are entering a phase when partners and co-workers make the difference between success and failure. Work on your relationships with them for optimum success. Big breaks are possible, but be sure you are listening when opportunity knocks. It can be a once in a lifetime offer, with no second chance. Small animals can cause some serious concern this month, so watch your pets for signs of illness.

Cancer June 21 - July 22

This can be a very good time in your life, surrounded by loved ones and a sense of fulfillment with your work. You are stimulated to further yourself in the money-making department, where you have a natural talent to begin with. This could be the time to expand your operation. Ask for a raise. Add skills by going to classes, taking correspondence courses or investigate on-the-job training. You are willing to put in your time to reap the rewards, a character trait much appreciated by your employers and coworkers. Government affiliation, contracts from large corporations, and investments in real estate, insurance and products from underground can help you realize your goals this month. You have an instinct for the newest trends and can turn that intuition into money. Idealistic business ventures and partnerships are about to come your way.

Leo July 23 — Aug. 22

With a few personal planets still in Leo, you can extend your feeling of summer and good times through the first part of the month. You are not yet ready to get involved with "next year," still hesitating to bring the wonderful influence of the summer to a close. Leo likes to bask in the sun and take luxurious or exotic holidays close to the equator, where the sun lasts the longest. A last-minute trip can be in the offing. Promises of romance and love can be forthcoming, with new interests catching your eye. You spend more money than usual. Although you can justify the added expenditures as practical and necessary, you might overdo it and find yourself in financial hot water in the near future. Forewarned is forearmed, so plan ahead for a tight financial squeeze. Investments should be treated with caution.

Virgo Aug. 23 — Sept. 22

With the sun in your sign you should be on top of the world. Although this is not a month when you are in the limelight - at least not until Venus enters your sign on the 22nd — the beginning of the month remains a planning stage. You may choose to go away alone for a breather from the pressures of your busy life. Home conditions continue to remain unsettled. Although you may stay in the same place for the next few years, you are uncertain of your direction and where to call home. Expect no more for now; it will resolve itself in time. Virgo wants a longterm commitment to a place and is not especially happy without ties. This is a month when you could receive some long-awaited offers on the job/career front or in the buying and selling of real estate investments. On the 7th be very careful to avoid risks. Delay signing important papers.

Libra Sept. 23 — Oct. 22

With your ruler Venus in Leo, you can expect some special gifts of money and beautiful objects this month. You may find that you also are extravagant with luxury items for yourself, your home and your environment. You are at your best when surrounded by beautiful views, and this includes the people with whom you choose to decorate your life. Sophisticated and glamorous friends surround you this month, letting you know how important you are to them. If ever there were a gracious host or hostess, you are it. This is a month you feel like taking on the world to show them your style of doing things. If you are not advantaged enough to live a life of entertaining, travel and gracious living, you will surely pick a career/job that allows the expression of your sensitive artistic talents. September offers abundant opportunity to improve.

Scorpio Oct. 23 — Nov. 22

After years of excessively hard work, you are ready to take a break. September is the month you can take it. Make a plan to treat yourself to whatever it is you want. You deserve at least a weekend in the country or the equivalent. Except for the 3rd to the 5th, the timing is good for creating memories to carry for a lifetime. Romance, excitement, money, travel, recognition and adventure can be yours. Keep in mind important lessons of the last few years, especially about your tendency for overindulgence. You become the central focus for family, friends and co-workers. Your expert advice is sought after and listened to by those younger or less experienced. Because your life lessons are learned alone and through great personal sacrifice, their impact is great and they remain a permanent part of your philosophy. Begin to discover healing abilities.

Sagittarius Nov. 23 — Dec. 21

The topsy-turvy world of Sagittarius remains so, but with some thread of sanity running through it this month. You could get one of the biggest breaks of your life around the 8th. Be in the right place and line up your financial picture for life. It may be behind the scenes, without the slightest clue to friends, family or colleagues that you are being made a spectacular offer. It will not be public knowledge until it is well in-hand and probably complete. You continue with the mystery of the last several years of your life, steadily planning and working toward an idealistic break for freedom. With the astrological influences of the 20th and 21st, you close the deal or sign the paper that sets you free and completes your goal, although it will hardly be noticed by those around you. It is a private affair and you keep it that way for a time.

Capricorn Dec. 22 - Jan. 19

Money is the issue this month. Pay close attention to what is happening to yours, as it can easily slip away. Loved ones have a way of taking you for granted financially - set some rules. Let nothing out of your control and you'll find you can change the rules as quickly as necessary. This month could find you seeking professional advice on money or legal matters; revamping finances; making conservative investments; borrowing for expansion or planning a long-term strategy. You are likely to take people under your wing and play the protector, so take care that you are not creating cumbersome future burdens. Offer spiritual encouragement rather than caretaking when others seek your help. Approaching people's requests for help in this way, should prove beneficial to Capricorns. The 4th is an unfavorable day for signing financial papers.

Aquarius Jan. 20 — Feb. 19

The "big push" is somewhat delayed this month as money is hard to collect, work plans are delayed, and others oppose your position. Most of the difficulties arise over working conditions, co-workers, bad management or unhappy relations on the job. You may find some jealousy in this month's confrontations. Patience is the factor that will get you through. On the last day of the month Jupiter begins directing again and will push you ahead at an even greater pace. You have more success than you ever thought possible. This may turn out to be your big year, so the temporary delays now will seem irrelevant by next month. Your best bets still are with partnership arrangements, romance, love and satisfaction in your personal life. In spite of your financial pinch, banks, lending institutions, and personal backers still have faith in you.

Pisces Feb. 20 — March 20

The full moon on August 30th still is setting the pace for September's feelings. If you still are licking your wounds, treat yourself to something special. Take a trip, buy a new wardrobe or piece of art, and then leave the "poor me" feelings in the past. You must compromise to make your relationship work. Children, and your feelings toward them, can get in the way of your clear thinking. You could be overly sentimental, and this does not set well with close friends and partners. By the end of the month you will be back on your emotional feet. This is your chance to reestablish the ties of the past, heal old wounds and improve on unsatisfactory relationships. The new moon on the 14th can bring opportunities through co-workers and employers. If searching for key personnel to make your job easier, now is the time you can get the best.

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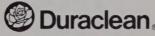
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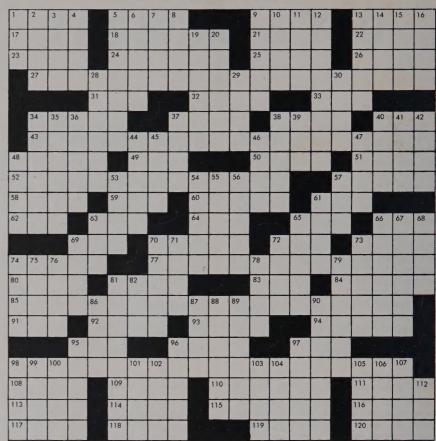
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SOLUTION ON PAGE 73

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- 112 Ring finishes



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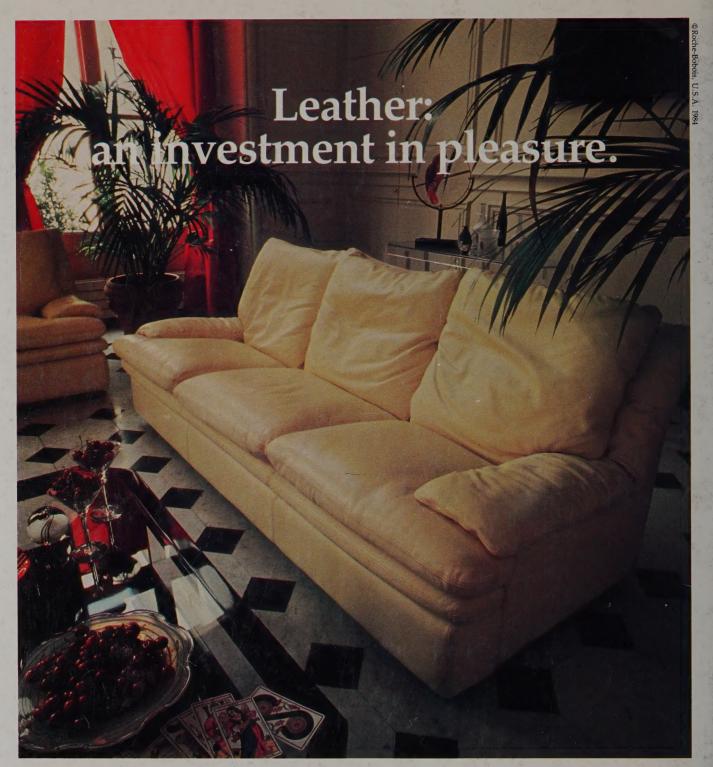
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